



PHILIPPINE MEDICAL ASSOCIATION

Theme: “Makabagong PMA: Tagapangalaga ng Pilipinong Manggagamot at Kalikasan”

Member : World Medical Association
Co-Founder : Confederation of Medical Associations in Asia and Oceania (CMAAO)
Medical Association of South East Asian Nations (MASEAN)
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MEMORANDUM CIRCULAR NO: 2026-07-28-09

To : ALL PRESIDENTS OF COMPONENT SOCIETIES, SPECIALTY DIVISIONS, SUBSPECIALTY AND AFFILIATE SOCIETIES

Subject : 69TH NATIONAL MEDICINE WEEK CELEBRATION

Date : July 28, 2026

Dear Doctors,

Warmest greetings!

We are pleased to announce the Calendar of Activities for the 2026 Medicine Week Celebration which will be from **September 20-26, 2026** with the theme: **“PUHON: Makabagong PMA, Para Sa Mas Malusog na Bukas” (Advancing Medicine, Empowering Physicians, Shaping a Healthier Tomorrow).**

PRE-MEDICINE WEEK CELEBRATION

❖ **SEPTEMBER 11, 2026 (FRIDAY)**

**PMA/PCS-MMC/QCMS
20TH OPERASYON BUKOL**

Venue: PMA-Auditorium

Time: 8:00am-3:00pm

MEDICINE WEEK PROGRAM

❖ **SEPTEMBER 20, 2026, (SUNDAY)**

▪ Wreath Laying Ceremonies

Venue: Rizal Monument, Luneta Park, Manila

Time: 6:00 am

In-Charge: Pasay-Paranaque Medical Society

Attire: Filipiniana/Barong Tagalog

▪ Eucharistic Celebration

Venue: Manila Hotel

Time: 9:00 am

In-Charge: Quezon City Medical Society

▪ Opening Ceremonies

Venue:	Manila Hotel
Time:	10:00AM
Keynote Speaker:	Maria Rosario Clarissa D. Singh, MD
In-Charge:	Quezon City Medical Society

DAILY FREE CLINICS & LAYFORA

NOTE: Daily Free Clinics and Lay fora, Monday to Friday

❖ **SEPTEMBER 21, 2026, (MONDAY)**

Activities: Environmental Health & Non-Communicable Diseases and Healthy Lifestyle

A) Environmental Health: Activities related to protecting and preserving Mother Earth, including Waste Segregation for Zero Waste and Tree planting activities, to be conducted by the Component Medical Societies in their respective localities.

B) Non-communicable Disease and Healthy Lifestyle:

Theme: “Kalikasang Inaalagaan, Kalusugang Pinangangalagaan”

Venue:	PMA Auditorium
Time:	8:00am -12:00nn
Host:	Caloocan City Medical Society
Co-Host:	Las Piñas Medical Society
Members:	Pasig City Medical Society Mandaluyong City Medical Society

Other Participating Societies:

Philippine Academy of Family Physicians
Philippine College of Physicians
Philippine College of Chest Physicians
Philippine Heart Association
Philippine Insurance Medicine
Philippine College of Occupational Medicine
Philippine College of Emergency Medicine
Philippine Society of Hypertension
and other applicable societies

❖ **SEPTEMBER 22, 2026, (TUESDAY)**

Activities:

A) Children’s Health

Theme: “Malusog na Bata, Matatag na Kinabukasan”

Venue:	PMA- Auditorium
Time:	8:00am – 12:00nn
Host:	Quezon City Medical Society
Co-Host:	San Juan Medical Society
Member:	Muntinlupa City Medical Society

Other Participating Societies:

Philippine Pediatric Society
Philippine Ambulatory Pediatrics Association
Pediatric Infectious Diseases Society of the Philippine
Philippine Pediatric Dental Society
Philippine Academy of Pediatric Pulmonologists
Philippine Society of Adolescents Medicine Specialist
Philippine Society of Newborn Medicine
Philippine Academy of Physicians in School Health Inc.
and other applicable societies

B) 23rd PMA Singing Physician Contest

Theme: “LOL (Love Out Loud) - “Makabagong OPM sa Makabagong ” – Doctugan Season 3”
Time: 6:00PM
In-charge: Pasay-Parañaque City Medical Society

❖ **SEPTEMBER 23, 2026, (WEDNESDAY)**

Activity: Women’s and Maternal Health

Theme: “Makabagong Kababaihan: Itaguyod at Protektahan ang Panghabambuhay na Kalusugan”

Venue: PMA-Auditorium
Time: 8:00am – 12:00nn
Host: Marikina Valley Medical Society
Co-Host: Eastern Rizal Medical Society
Member: Taytay-Angono-Cainta Medical Society
Rizal-Parañaque Medical Society

Other Participating Societies:

Philippine Obstetrical and Gynecological Society
Philippine Society of Ultrasound in Obstetrics Gynecology
Philippine Society of Anesthesiologists
Philippine Society of Cervical Pathology & Colposcopy Foundation
Philippine Society of Pathologists
and other applicable societies

❖ **SEPTEMBER 24, 2026, (THURSDAY)**

Activity: Mental Health and Dermatology

Theme: “Kalinawan ng Isip, Kinang ng Balat: Pag-aaruga sa Sarili, Pagpapahalaga sa Buhay”

Venue: PMA Auditorium
Time: 8:00am-12:00nn
Host: Makati Medical Society
Co-Host: Malabon-Navotas Medical Society
Member: Taguig City Medical Society

Other Participating Societies:

Philippine Psychiatric Association
Philippine Dermatological Society
Philippine Academy of Clinical and Cosmetic Dermatology
Philippine Academy of Dermatologic Surgery Foundation Inc.
Philippine Academy of Cutaneous Surgery
Philippine Association of Primary Skin Health Physicians
Philippine Academy of Aesthetic and Age Management Medicine
Philippine Society of Otolaryngology-Head & Neck Surgery
and other applicable societies

In coordination with AD HOC Committee on Advocacy (Mental Health)

❖ **SEPTEMBER 25, 2026, (FRIDAY)**

Activities:

A) Senior Citizen's Health and Health of PWDs

Theme: "Kalingang Tapat, Kalusugang Sapat: Nakakatanda at May Kapansanan,
Kaagapay sa Kinabukasan"

Venue: PMA Auditorium
Time: 8:00am-12:00nn
Host: Valenzuela Medical Society
Co-Host: Antipolo City Medical Society
Member: Manila Medical Society

Other Participating Societies:

Philippine College of Geriatric Medicine
Philippine Society of Hospice and Palliative Medicine
Philippine Academy of Ophthalmology
Philippine College of Surgeons
Philippine Society of Climacteric Medicine
Osteoporosis Society of the Philippines
Philippine Rheumatology Association
Philippine Academy of Rehabilitation Medicine
Philippine Urological Association
and other applicable societies

B) Senior Physicians' Night

(c/o Component Societies in their localities)

❖ **SEPTEMBER 26, 2026 (SATURDAY)**

Activities:

A) Wellness and Fitness Day

Theme: "PMA Hataw, Galaw... Malusog na Ikaw"

Venue: PMA Grounds
Time: 6:00 am

In-Charge: PMA Governor Central Tagalog- Governor, Ma. Lorena Lorenzo
with Central Tagalog Region

Participation from:

Component Societies of Region:
Manila, Quezon City and Rizal Region, Specialty Societies, and Affiliates
Societies

CLOSING CEREMONIES

Theme: “Mula Pananaw Tungo sa Pagkilos para sa Malusog na Bukas”
(From Vision to Action for a Healthier Tomorrow)

Venue: PMA-Auditorium
Time: 5:00 pm
Attire: Modern Heroes Gala
In-Charge: Marikina Valley Medical Society

Closing Program

5:00pm Eucharistic Celebration
6:00pm Program Proper
9:00pm Fellowship Night

All Component Societies, Specialty Societies and Affiliate Societies are advised to observe and participate in the different activities in their regions and localities during this week-long Medicine Week.


MA. MAY JASMIN R. RAMOS-YASON, MD
PMA Governor, Quezon City & Overall Chairperson,
PMA 69th National Medicine Week Celebration

Noted by:


ANGELITO BENJAMIN C. BELEN, MD
PMA Secretary-General


LUZ P. ACOSTA-BARRIENTOS, MD
PMA President



**69th NATIONAL
MEDICINE WEEK**



**PUHON:
MAKABAGONG PMA,
PARA SA MAS MALUSOG NA BUKAS**

*(Advancing Medicine,
Empowering Physicians, Shaping a Healthier Tomorrow)*

September 20-26, 2026