



PHILIPPINE MEDICAL ASSOCIATION

Theme: NAGKAKAISANG PMA: HATID AY KALUSUGAN PARA SA LAHAT

Member : World Medical Association
Co-Founder : Confederation of Medical Associations in Asia and Oceania (CMAAO)
Medical Association of South East Asian Nations (MASEAN)
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MEMORANDUM CIRCULAR NO: 2026-03-31-045

TO : ALL PMA Members
CC ; Board of Governors, Employees
SUBJECT : PMA Office Work Schedule Scheme
DATE : March 31, 2026

In compliance with [Memorandum Circular No. 114](#) issued by President Marcos Jr. on March 6, 2026. In response to Governments efforts to conserve energy and reduce fuel use amid rising global oil prices triggered by the ongoing Middle East crisis. The Philippine Medical Association (PMA) in its aim to contribute to energy conservation but still maintain operational efficiency is hereby adopting a temporary **4-day work week** combined with a Skeletal **Workforce** Office Arrangement on Friday effective April 6, 2026 (Monday) until further notice.

Thank you very much!

Very truly yours,


MILDRED M. MAÑALAC-MARIANO, MD
Secretary-General

Noted by:


HECTOR M. SANTOS JR., MD
President