



THE PHYSICIAN

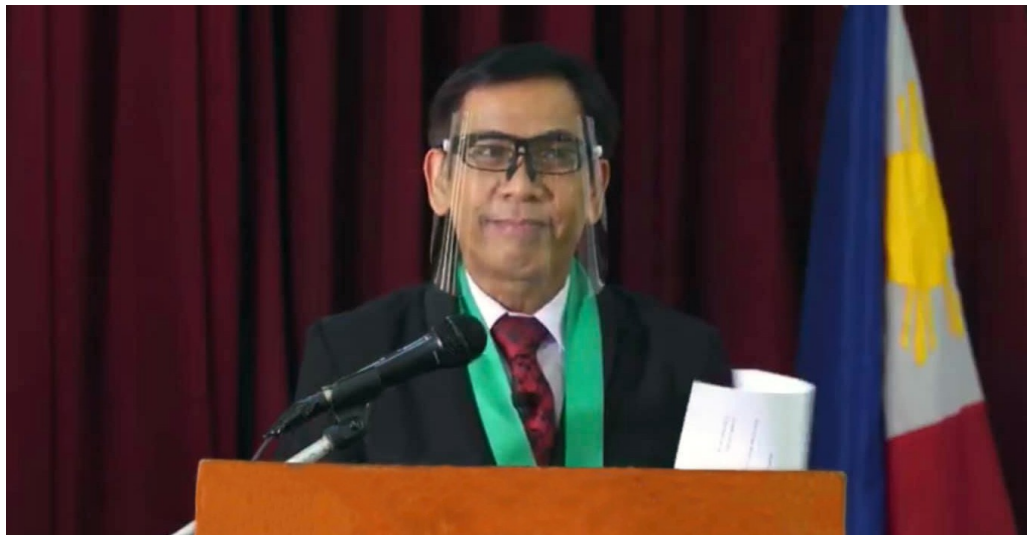
AN OFFICIAL PUBLICATION OF PHILIPPINE MEDICAL ASSOCIATION • VOLUME XXX NO. I

Inaugural Address PMA: Working Together As One Benito P. Atienza, MD

Good Afternoon, Newly proclaimed National officers and Board of Governors, Past PMA President officers, component Society Officers, colleagues, my family, friends ladies and gentlemen in the medical profession. Today I'm humbled and honoured to speak before you as the newly elected PMA President. I do believe that I can draw strength and inspiration from our former leaders who have worked hard and sacrificed to accomplish what our association is today.

Indeed, we are in the midst of very trying and challenging times due to the Covid-19 pandemic. For most of us, it seems, never we anticipated that we will have this magnitude of health crisis! But here we are, at the very center of a war zone against combating the disease that is not completely known to us yet. As we all know many of our colleagues have sacrificed even their very lives just so they can save the lives of their patients. And while it is true that some critical remarks at thrown to us despite all our efforts. let us be thankful to our respective families who were our anchor and comforter as we go about our noble mission.

Our Organization have grown and developed with 85,000 members strong, more or less, because of good leadership, cooperation of all our members of our allies, partners and associates. But today we have to strive harder in the face of the Covid-19 pandemic. Some of you might say that we have been giving all that we can but for a reason. How can we strengthen ourselves, our Organization, for the tasks ahead of us? I would like to believe that each member of our alliance, just like each part of a body, is equally important. As we work and support each other we bound to succeed.



For sure our path towards our goals will not always be smooth but as we maintain our harmonious relationships with the different branches of our government and our partners, aside from hard work we expect victory in our endeavours.

Allow me to present our plans:

We will start with our Strategic planning with the National officers and BOG, past Presidents together with the committee and commission chairs.

Regarding to the organisational structure

- Will revisit and review the PMA mission and vision
- Addition of PMA values: Makadiyos, Makabansa, Makalikasan, Masinop, Makapagkawanggawa
- Streamlining and realignment of the commissions and committee and redefining their functions

a) Short term plans in time of Covid-19 Pandemic.

b) Long term plan

- Improvement of PMA facilities
 - PMA benefits to members
 - Career progression of our members
- c) Amending the PMA by laws to be responsive to present time and in the future

We will create 4 Regional Clusters for Component Presidents, Secretary, Treasurer who will join the 1st Virtual PMA Leadership Conference.

We do hope that the following output can be achieved.

1. Operational plans of each component society
2. Short term plans of each societies in time of Pandemic

Inaugural Address, from page 1

3. Grassroots outcome based, timebound, cost effective achievable programs for members and its community.
4. Orientation of the officers on the virtual meeting using zoom and Microsoft flat form in preparation for the monthly regional cluster meetings with respective PMA governor and PMA executive committee.

Caring of our members and the community

1. Find ways to improve Mutual and Legal aid benefits disbursement according to the criteria of the Commission.
2. Monitor the health status of every member thru the component society especially the seasoned members in this time of Pandemic.
3. Promote green clinic and hospitals with Covid-19 precautionary measures being observed.
4. Safety of all HCW during Pandemic.
5. Allocate funds for disaster and calamity benefits for members and set guideline.
6. Encourage the government to review the Magna Carta of health workers.
7. Facilitate the bills payment scheme for members annual due.
8. Caring our respective community during the pandemic thru Teleconsulta.

Ethics

1. Encourage each component society and regions to create committee on ethics with incumbent governors as chair and past governors as members.
2. Creation of the Implementing Rules and Guidelines by PMA Commission on Ethics with PRC Board of Medicine which will serve as the annex to the newly approved Code of Ethics of the Medical Profession.
3. Promote the World Medical Association Declaration on Ethics of the Global Medical Profession.

Science

1. 1st National Virtual Convention on Sept 6-9, 2020 with the theme: "Hamon sa mga Pilipinong Manggagamot sa Panahon Ngayon". This activity can accommodate 20,000 participants for free.

2. Offer a Microsoft/Zoom platform for the component society / Regional CPD activities with PMA as host for free

3. Encourage our members to go on research

PMA facilities

1. Review and make plans for the major effects brought about the construction of MRT 7
2. Safety of the workplace

PMA staff

1. Review the Staff manual
2. Realignment of their functions and duties
3. Prioritise their health in their workplace

The 10 point agenda will guide the new sets of officers in our major decisions.

1. Re-engineering or redesigning the PMA as an organization to make it more responsive to the changing needs of the members by decentralizing or devolving some of its powers to the local component societies;
2. Amending the by-laws to make it responsive to present and future situations;
3. Enhancing collaborative efforts with the government in the pursuit of National Health Objectives;
4. Assuring the general membership that we will be cautious in the management of its funds by applying the principles of transparency and accountability;
5. Continuing Professional Development for members that is parallel of aligned to global integration;
6. Enhance participation in environmental and climate change advocacies;
7. Strengthen the non-discriminatory principle that every physician regardless of his field of interest and specialization has his or her place on the practice of medicine;
8. Commitment to constant dialogue with allied health professionals and allied health providers;

9. Increase its strength in constructive but cautious engagement with the regulatory bodies of government and the legislature;
10. Raising public awareness on the role of physicians as leaders and vanguards of peoples health and well being.

As your new leader, I implore all of you to be active and participatory in our course of actions not only towards the containment of this pandemic but also I achieving our mission for our beloved country. Let's all be reminded of our association's mission which partly says "PMA: In a dedicated, selfless, and humane service of the medical profession for a healthy Philippines and for the glory of God."

In closing, again my heartfelt thanks and gratitude to all of you, members and guests of this auspicious association. And my most gratitude to our God Almighty who continue to bless and strengthen us be of service to our families, colleagues, government and countrymen.

Mabuhay ang PMA. Maraming Salamat.

Prayer

Almighty God, I humble myself before you praying for all the doctors of the Philippine Medical Association and all the doctors around the world. Year 2020 was a very challenging year both professionally and personally. Indeed, it was a roller-coaster ride but we are thankful to You for you never left our side.

Dear Lord, we know that everything is in Your sovereign control and we are nothing without You. As we move on to 2021, bless the work of our hands and guide us in every decision we make for our patients most specially in matters of life and death. Strengthen our faith so we would always act according to Your will.

Our Father You called us to be your earthly physicians. Give us strength and renew it when it runs slow. Let us draw confidence in Your healing power and protect us always from all dangers. Amen.



Responding To Disaster In Our Midst

By Carolyn V. Enriquez, MD, FPPS

January 11, 2020 was set as the PMA Regional Assembly for Southern Tagalog. It was destined to be a memorable day in PMA History. Not only are we having the release of the Volume 1 of the PMA Coffee Table Book "Imprint" but we will also have the Memorandum of Agreement (MOA) signing with Philippine Pediatric Society (PPS) President Dr Sally Gatchalian in a collaborative efforts to address the rising Teen Pregnancy rate through Project: Teen Spired.

All 400+ STAMP delegates were in high spirits as we welcome the new year with renewed strength and commitment to serve our region. Never have we dreamed that our Annual Regional Assembly at Taal Vista Hotel will be disrupted at 4:00 pm by the surprise eruption of Taal Volcano.

Everyone was promptly evacuated from the venue. Alert level was quickly raised from Level 3 to Level 4. Lockdown of 0-14km Zone of Taal Volcano Perimeter and force mass-evacuation of Citizens including Physicians were enforced. 1 Government Hospital and 5 Private Hospitals were closed in Taal-Lemery areas. Thankful that Local Government Units (LGU) from adjacent town and provinces opened their doors to displaced families seeking refuge from the suffocating ash fall and shaking ground from the phreatic volcanic eruption.

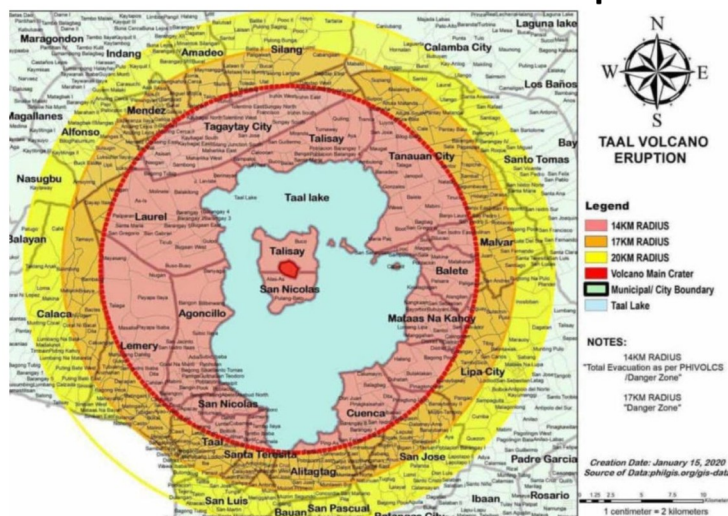
The days following, the resilience of the 15 Component Presidents of Southern Tagalog under the able leadership of PMA Governor, Dr Rhoda Goco, was truly tested. With the guidance and resources of Dr. Joe Santiago, Dr. Benny Atienza and the PMA PMA Disaster Preparedness Team led by Dr. Frederick D. Francisco, PMA Environmental Committee - Dr. Lazaga, a

by Dr. Frederick D. Francisco, PMA Environmental Committee - Dr. Lazaga, a National Action Plan that will serve as a template for future disaster-planning and intervention were drafted through several meetings and collaborations from January 16 to February 7, 2020.

Ground situation were monitored daily and offers to do Medical Missions from various Socio-Civic and Medical Organizations were channelled to Component Society Presidents of affected city or municipality.

Three critical zones of the Taal eruption were identified. Disaster Response concepts based on planning, operations, finance and logistics were made. Each Component President were given a vital role based on the three-leveled response. **(See attached table)**

Critical Zones of Taal Volcano Eruption



Level	Definition/Roles	Location
1 0-14km Zone	<ul style="list-style-type: none"> Emergency is a localized incident. Proximal to province or area of incidence Affects more than two areas First responders and assesses situation Reports to Head of Command Center Coordinates with PMA regarding MEDICAL PLANNING (Resources, Documentation,, Mobilization, Technical Specialists), OPERATIONS (Ground Operations, Teams and Task Forces), and LOGISTICS (Medical Service and Support, Communication) COO assigns list of PHYSICIANS (Various Specialties) who will man the Emergency Medical Units set up by PRC from its zone on a weekly basis and TRIAGE accordingly COO assigns Primary, Secondary and Tertiary Hospital Referral System for proper referral Assigns teams in each component society Tracks and coordinates other volunteer Medical Teams Advise teams in the area of any potential threat Facilitate consultations on Evacuation Centers as necessary Documents Reports Facilitate CLEAN-UP Operations and responsible Waste Management System 	<ol style="list-style-type: none"> Mario A. Dela Cruz, MD Taal-Lemery Medical Society President – 09175042522 Alvin Quino, MD Tanauan Medical Society President – 09178266729 Janice A. Atienza, MD Western Batangas Medical Society President – 09173277787 Anastacio D. Alvarez, MD Bauan Medical Society President – 09209244492 Theresa T. Polintan, MD Lipa City Medical Society President – 09178262818 Florence A. Santos, MD Batangas Medical Society President – 09175442629

Responding to Disaster, from page 3

Level	Definition/Roles	Location
2 14-25 km Zone	<ul style="list-style-type: none"> Proximity to Level 1 is considered Not affected in the emergency zone Secondary Responder Assigned to assist Level 1 in MEDICAL OPERATIONS (Ground Operations, Teams and Task Forces) LOGISTICS (Medical Service and Support, Supplies Procurement & Communication) COO assigns list of doctors who will man the EMU set up by PRC on its zone for submission to the Head of Command Center as a Secondary Responder Documents Reports 	<ol style="list-style-type: none"> Rey-An Nino L. Garcia, MD Cavite Medical Society President – 09177006191 Pamela F. Velasco, MD Laguna Medical Society President – 09208981738 Randy C. Melo, MD San Pablo City Medical Society President – 09177746758 Maria Lourdes Gonzales, MD Quezon Medical Society President - 9175143603

Level	Definition/Roles	Location
3 Beyond 25 km Zone (Island Provinces)	<ul style="list-style-type: none"> Farthest from Level 1 & 2 Not affected by the Emergency Zone Tertiary Responder to LOGISTICS (Medical Service and Support, Supplies Procurement & Communication) COO assigns list of doctors who will man the EMU set up by PRC on its zone for submission to the Head of Command Center as a Tertiary Responder Assigned to assist Level 1 in (Relief Goods' and Donation, Classification, Procurement and Dispersal to identified areas as advised by Level 1 COO) 	<ol style="list-style-type: none"> Benjamin Dilodilo Jr., MD Oriental Mindoro Medical Society President – 09175620858 Eric Asuncion, MD Mindoro Occidental Medical Society President – 09209319363 Catherine Dell Sadiwa, MD President-Marinduque Medical Society- 09176561809 Fe Joan Fama-Demegillo, MD Palawan Medical Society President – 09175442340 Renato Menrige Jr., MD Romblon Medical Society President – 09399159438

The outpouring of relief goods from Filipinos from all walks of life were immeasurable. Cash donations were coursed thru PMA Calamity Fund. Batangas Medical Society Building was designated as repository of donated medicines and supplies from UNILAB, Novartis, DOH, local Component Societies and NGOs.

Series of Medical Missions and relief operations were organized in coordination with PHO's/CHO's/ and PMA Governor for Southern Tagalog. It was conducted in each Component Area in cooperation with the following generous partners like UERMMC, St. Luke's Global, MCUFDTMF, Makati Medical Center, Southern Tagalog Chapters of PCP/PCS/

POGS/PCCP/PNA/Diabetes Philippines/ PARM, Nueva Ecija Medical Society, Globe Telecom, Social Action Commissions of the Catholic Churches and other NGO's and Private Individuals, to name a few.

Shout out to all City Health Officers (CHO) and Municipal Health Officers (MHO) of all affected areas for performing beyond their call of duty. Salute to our PMA Governor for Southern Tagalog and her 15 "Disaster" Component Presidents too for rising to the challenge.

It was really a very difficult time for everyone most especially colleagues who were forced to leave their homes and place of work because of the volcanic eruption. But what makes us proud is to

see fellow Doctors responding to their sworn duty to save lives by manning the evacuation centers and making their services available even if they themselves are victims of the wrath of Taal Volcano.

To ease their plight, PMA requested agencies such as BIR, Philhealth and PRC to defer quarterly and annual dues of all members and hospitals which were on lockdown status. Private and public hospitals were also advised to apply for their Interim Reimbursement Mechanism to tide them over during the Taal lockdowns.

The next few weeks, saw the calming of Taal Volcano and Alert Levels were lowered to Level 3 and eventually to Level 2. Grateful that the situation did not turn for the worse. Prayers indeed does wonders.

Last January 29, PMA Governor attended a meeting with Batangas PHO Dr. Rose Ozaeta and Governor for Central Luzon Dr. Jocelyn Gomez - and discussed future plans. They visited the last 2 remaining Provincial Evacuation Center of Batangas City in Malainin and Tala-Ibon – the medium-term evacuation and relocation areas for displaced evacuees of Taal Island, Agoncillo and Lemery.

In summary, **778 PHYSICIANS served 97,664 INDIVIDUALS in 231 EVACUATION CENTERS.**

Glad the situation stabilized and residents were advised to return to their respective homes a few weeks before the Covid 19 Pandemic wreak havoc across our archipelago. Hope we can continue to unite as we fight a common enemy. Because together, we can rise against any adversary as **ONE RESILIENT NATION.**



EDITORIAL

MARIA CHRISTINA H. VENTURA, MD, FPPS

2020 was a double digit year and the Philippines received double disasters. This issue documents the two major events in our lives: the Taal Volcano eruption and the emergence of the SARS COV2. Its impact is what we want to highlight in this issue. The year saw the resilience of our members as different avenues and protocols were put in place. Everyone was watching and helping out each other.

As the PMA adapts to the new normal the leadership has prepared for numerous projects and collaborations with different stakeholders. This issue features the highlights of the PMA National Convention that was held online. The PMA Awardees for 2020 are also recognized for their distinct service. The PMA also began its series of regional assemblies as reported by several governors. We brave the new normal with hope of health and with our families and loved ones always in mind. We survive and sacrifice because of them. We also pay tribute and remember those we have lost during these times.

SAVE THE DATE

**PMA NGAYON AT KAILANMAN,
MATATAG SA PAGSUBOK
NG PANDEMYA**

**114th PMA Annual Convention and
Scientific Meetings**

June 20-23, 2021

COMMITTEE ON PUBLICATION

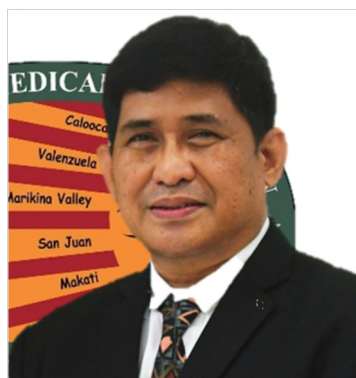
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The Physician

The Physician is an internal publication of the Philippine Medical Association instituted by the PMA Board of Governors for the dissemination of information to PMA Members. Its office is at the PMA Secretariat, North Avenue, Quezon City 1105; contact numbers: 9296366; 9262447, 09189234732, 09178221357; fax number: 9296951;

Emails: philmedas@yahoo.com;
philmedas@gmail.com

Website: www.philippinemedicalassociation.org



63rd PMA National Medicine Week

**Theme: Manggagamot-Mamamayan:
Sama-samang Pagtugon sa Pandemya**

September 20-26, 2020

By Jose Arnel G. Manalili, MD
Governor, Central Tagalog Region

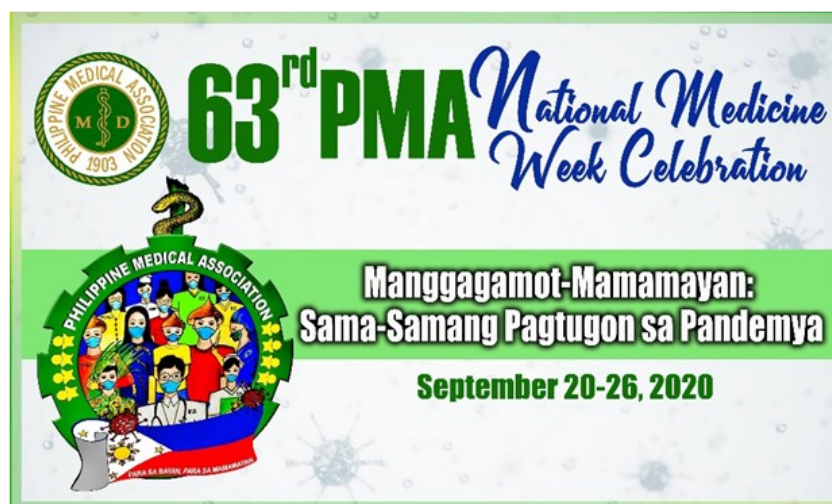
The official 63rd NATIONAL MEDICINE WEEK BANNER was eventually released on September 16, 2020.

PRE-MEDICINE WEEK

In preparation for the National Medicine Week the Organizing Committee led by PMA CTR Gov. Jose Arnel G. Manalili held several meetings: on August 18, September 4, and September 18, 2020, attended by representatives of the different PMA Component, Specialty, and Affiliate Societies, with the final mechanics on the tele-konsulta and layfora discussed on the last one.

Concomitantly done was promotional activities for the National Medicine Week thru guesting at several radio programs, at DZAR 1026Khz by Dr. Jose Arnel Manalili and Dr. Jan Hermin Cataluña (Marikina Valley Medical Society President), VG8 Internet Radio by Dr. Arnel Herrera (Valenzuela City Medical Society President)) and Channel 31 by Dr. Jose Arnel Manalili.

With 20 entries, the Medicine Week Logo Contest, facilitated by the contest Chair Dr. Lorraine Lorenzo and judges Dr. Benito P. Atienza, Dr. Lester Llyod Leocadio, Dr. Kazan Benigno Baluyot and Dr. Ma. Rhoda C. Goco, culminated on September 15, 2020 with the winning of the entry of the Ilocos Sur Medical Society.



NATIONAL MEDICINE WEEK

63rd NATIONAL MEDICINE WEEK SCHEDULE

	SEPT 20 (SUNDAY)	SEPT 21 (MONDAY)	SEPT 22 (TUESDAY)	SEPT 23 (WEDNESDAY)	SEPT 24 (THURSDAY)	SEPT 25 (FRIDAY)	SEPT 26 (SATURDAY)
7 AM	WREATH-LAYING AT RIZAL MONUMENT						FILFIT FITNESS DAY
8 AM		TELE-KONSULTA	TELE-KONSULTA	TELE-KONSULTA	TELE-KONSULTA	TELE-KONSULTA	
9 AM	HOLY MASS (VIRTUAL)						
10 AM	OPENING CEREMONY (VIRTUAL)				10-11:30: MEDIA FORUM COVID 19 VACCINE		
11 AM							BIOMEDICAL WASTE MANAGEMENT DURING THE COVID 19 PANDEMIC (PCP LECTURE)
12 NN							
1 PM			TELEMEDICINE TRAINING				
2 PM							
3 PM							
4 PM							
5 PM					SENIOR PHYSICIAN'S NIGHT		HOLY MASS (VIRTUAL) CLOSING CEREMONY (VIRTUAL) CAR RAFFLE (LIVE)
6 PM		2 ND PAMJE ANNUAL CONVENTION	17 TH PMA-PPMS SINGING PHYSICIAN/1 ST SONG VIDEO CONTEST 6-8 pm: 2 ND PAMJE ANNUAL CONVENTION	2 ND PAMJE ANNUAL CONVENTION	2 ND PAMJE ANNUAL CONVENTION		
7 PM							
8 PM							

NOTE: September 21 is designated as Frontliners/Community Day. Societies are enjoined to dedicate time and effort to show their concern to the Frontliners and the Community.

All Societies are enjoined on doing Lay for a via playing of "talk videos" on their FB/webpage, and encouraging others to share them.

Volunteer MDs will do talks and interviews on partner radio stations as part of the week's Lay for a.

Calls on Tele-Konsulta at the PMA are entertained from 8 am to 12 noon only, but a patient may call the MD to whom he was referred to at any convenient time the volunteer MD had previously indicated on the "List of MDs for Tele-Konsulta".

Register for the 2nd PAMJE convention at: <https://tinyurl.com/2nPAMJECon>



63rd PMA Medicine Week, from page 6

The celebration of the 63rd National Medicine Week kicked off with the traditional Wreath Laying Ceremonies at the Rizal Monument on September 20, 2020. Attended by PMA President Dr. Benito P. Atienza, Secretary General Dr. Hector M. Santos Jr., Central Tagalog Region Gov. Dr. Jose Arnel G. Manalili, and PPMS President Dr. Mary Ann T. Cruz, the event was facilitated by the Pasay Paranaque Medical Society with the assistance of the Philippine Navy enlisted men.



To promote the spirit of solidarity and live up to the PMA battlecry "PMA Working Together as One", simultaneous Wreath Laying activities were done throughout the country by different Component Societies.



63rd PMA Medicine Week, from page 7

The Opening Ceremony on September 20, and the Closing Ceremony on September 26, were both conducted virtually via Zoom, facilitated by the Cavite Medical Society and the Marikina Valley Medical Society, respectively. Both Ceremonies were preceded by the celebration of the Holy Mass coordinated by the Quezon City Medical Society.

September 21-25, 2020:

- Layfora** conducted synchronous and asynchronously, with the help of 34 volunteer doctors from different Component and Specialty Societies who made themselves available for radio guesting at DZAR, VG8 Internet Radio, DWIZ, Channel 31, and UNTV; "Talk Videos" were posted at the PMA website and were "shared".
- TELE-KONSULTA:** Conducted with the help of 102 volunteer doctors from Component and Specialty Societies willing to take referrals from the PMA "Tele-Konsulta Room" manned by doctors from the Makati Medical Society (led by MkMS Pres. Dr. Shirley Josefina Ong), San Juan Medical Society (led by SJMS Pres. Dr. Reginald Matubang), Caloocan City Medical Society (led by CCMS Pres. Dr. Martin Liwanag), Valenzuela City Medical Society (led by VCMS Pres. Dr. Arnel Herrera), Marikina Valley Medical Society (led by MVMS Pres. Dr. Jan Hermin Cataluña) Assistance for the activity was provided by the PHILIPPINE DERMATOLOGICAL SOCIETY thru Dr. Arnold Yu and the FATIMA UNIVERSITY MEDICAL CENTER thru Dr. Yvonne Santos-Guevara, and by the PMA Indigency Clinic personnel.

September 21, 2020: designated as "Frontliners and Community Day", saw the different component societies visiting their respective communities giving their respective communities giving "ayudas" (e.g. rice, groceries and face shields), and hospitals on their localities presenting tokens to the frontliners and medical products to the medical facility (e.g. electrolyte solutions, PPE). Some even showed their love to the community by having tree planting and bloodletting.

PROGRAMME (OPENING CEREMONIES)	
9:00 AM EUCHARISTIC MASS	
10:00 AM PROFESSIONAL PMA Music	
Former PMA Presidents	
Former PMA Governors	
Specialty Divisions, Specialty Societies & Affiliate Societies	
PMA CPO Commission	
Component Societies	
Board of Governors	
PMA National Officers	
Overall Chair of Medicine Week	
PMA President with Keynote Speaker	
Philippine National Anthem / PMA Hymn	
Welcome Remarks and Presentation of the Medicine Week Program	
Jose Arnel G. Manalili, MD, Overall Chair, 63 rd National Medicine Week Celebration	
President's Message and Formal Opening of the 63 rd National Medicine Week Celebration	
Benito P. Atienza, MD, PMA President	
RINGING OF THE BELL	
Introduction of the Keynote Speaker	
Christine S. Tinio, MD, PMA Vice President	
Address of the Keynote Speaker	
Awarding of Testimonial of Appreciation (Benito P. Atienza, MD, Jose Arnel G. Manalili, MD)	
Presentation of Day by Day Program of Activities (Mary Ann T. Cruz, MD Co-Chair, 63 rd National Medicine Week Celebration)	
Recessional	
Hector H. Santos, Jr., MD, Secretary General (Master of Ceremonies)	

PROGRAMME	
PART I: 1:00 pm	Eucharistic Mass
PART II: 2:00 pm	Philippine National Anthem PMA Hymn
Welcome Address	JAN HERMIN R. CATALUÑA, MD President, Marikina Valley Medical Society
Message and Report of the Chair of the 63 rd PMA National Medicine Week	JOSE ARNEL G. MANALILI, MD Overall Chairperson, 63 rd National Medicine Week Celebration
Message of the PMA President	BENITO P. ATIENZA, MD PMA President
PMA Tribute to Fallen Heroes	
Intermission Number	Song Video Contest Winners
Awarding of Tokens of Appreciation	
Intermission Number	AVP c/o Marikina Valley Medical Society
Closing Remarks	CHRISTINE S. TINIO, MD PMA Vice President
Rest of Mace	
PART III	
Car Raffle Draw (Mechanics)	Noemi B. Manzon-Sarabia, MD Chair, PMA Car Raffle
Car Raffle Draw	Benito P. Atienza, MD Jose Arnel G. Manalili, MD Noemi B. Manzon-Sarabia, MD
HECTOR M. SANTOS JR., MD Secretary General Master of Ceremonies	



Some Component Societies also created their own series of layfora.



The activity was also conducted by the Component Societies on their own localities.



Set Us Free from COVID

By Ma. Mercedes V. Agustin, MD
Governor, Quezon City Region

On the last quarter of 2019, the world faced on of its greatest enemy --- Covid-19, a pandemic that left us all asking: How will this end?" Thousands of people died, hundreds of thousands of people got sick, millions lost their jobs; children and elderly are asked to stay at home; frontliners are drudged to protect the nation and save lives. The logo I created last Medicine week was a visual representation of how we in the community should act in solidarity to help strengthen the fight against the virus.

The unity that is expected from all people regardless of stature, age, gender and color to work together as one to heal the earth.

Medical professionals, security personnels, service industry and all other frontliners are the nearest layer to the virus meaning they are the first line of defense which need the support of the greater community, next to them in ensuring that safety and health protocols such as healthy lifestyle, proper hand hygiene, correct use of face mask / face shield and social distancing are all strictly followed.

Overall, "We are all in this together; we will face Covid-19 as one; this fight with the enemy will only end when there is a conscious and collective effort from each one to make this a safer and virus free world.

*63rd PMA Medicine Week,
from page 8...*

September 22, 2020: A Tele-Medicine Webinar was done, featuring discussions on telemedicine by Dr. Benito Atienza, Dr. Vic Chua, Dr. Atty. Leo Olarte, Dr. Atty. Bu Castro and DOH Secretary Eric Tayag. It ended with Dr. Tayag's introduction of a Telemedicine training offered to PMA doctors in consonance with the DOH -PMA PARTNERSHIP on Covid 19 referral at the LGU level.

The well-attended 17th PMA-PPMS Singing Physician/1st Virtual Song Video Contest, facilitated by the Pasay Paranaque Medical Society was successfully done. With 17 out of 20 entries making it to the Final Round, the Board of Judges composed of Mr. Jan Michael Santos, Ms. Judith Ann Santos and Mr. Ramon Molina Lijuaco declared the Dipolog City Medical Society as the Grand Champion, the Philippine Dermatological Society as the 1st runner up, and the Philippine Psychiatric Association as the 2nd runner up.

September 24, 2020: A Media Forum on Covid-19 Vaccine was done, featuring discussions on the protocol in the development, testing and approval of Covid-19 vaccine, with DOH Usec. and FDA Director-General Dr. Eric Domingo, Vaccine Clinical Trialist Dr. Josefina Carlos, and Professor of Pediatrics Dr. May Montellano.

In the evening the different societies celebrated the Senior Physicians Night by giving their senior doctors gestures and token of appreciation.

September 26, 202: In the promotion of physical fitness among the PMA membership, an early morning physical fitness activity (Zumba), dubbed Galaw Pilipinas Laban Sa Covid, was done under the supervision of Coaches Jim and Toni Saret of the Team FitFil. This was followed by a lecture of Dr. Paula Teresa F. Sta. Maria of the Philippine College of Physicians in a Zoom discussion on Biomedical Wastes in the Covid Pandemic.

The Closing Ceremony ends with the lowering of the Philippine Flag at the PMA Compound, and the Candle-Lighting and Prayer Ceremony dedicated to the doctors who succumbed to Covid-19, as a "Tribute to Fallen Heroes".

As announced earlier, the winner for the PMA Car Raffle was drawn after the program. With Dr. Benito P. Atienza and Dr. Hector M. Santos Jr as witnesses, the numbers were drawn by Dr. Christine S. Tinio, Dr. Noemi B. Manzon-Sarabia, Dr. Jose Arnel G. Manalili, and Dr. Jan Hermin R. Cataluña. Dr. Ellery Mendez eventually won the Toyota Vios sedan.



PMA-SEM celebrates National Medical Week; Component Societies Hold Significant Activities

By Luz P. Acosta-Barrientos, MD
Governor, Southeastern Mindanao Region

THE Philippine Medical Association – Southeastern Mindanao (PMA-SEM), which is composed of 11 component societies of the PMA in Davao Oriental, Davao de Oro (Compostela), Davao del Norte, Davao City, Davao del Sur, Davao Occidental, South Cotabato, North Cotabato, General Santos City, Sultan Kudarat, and Cotabato City, under the leadership of its Governor, Dr. Luz Acosta-Barrientos, celebrated the National Medical Week last September 21-25, 2020.

The activity kicked off with the ceremonial wreath-laying held in various places of significance of each of the component society.

Different health and nutrition activities were also conducted by the component societies, which were patterned with that of the PMA, such as the Telekonsulta, a virtual consultation aimed to give access to free doctor's consultation to the poor and the disadvantaged, as well as an initiative to reach out to the patients even amid the Covid-19 pandemic.

To complement the Telekonsulta, virtual lectures on proper nutrition and health care were also held by the member-doctors of each component society.

The PMA-SEM also honored the senior physicians with tokens in a humble celebration sans the party in following the health guidelines of the Inter-agency Task Force (IATF) on Covid-19.

The Davao Medical Society, in particular, recognized the Davao City healthcare frontliners through an audio visual presentation which was posted on its social media page, DMS Facebook. They also held lay fora which were aired on radio via dxGN.

The Compostela Medical Society's partnership with Davao de Oro provincial government yielded a simultaneous blood donation drive held in different municipalities of the province, namely, Compostela, New Bataan, Montevista, Nabunturan, Monkayo and Mabini.

Additionally, the North Cotabato Medical Society tied up with the Inter-Agency Task Force (IATF) on Covid-19 to formulate an Executive Order to effectively strategize and implement health standards to further curb or stop the spread of the dreaded disease in this time of the new normal in North Cotabato areas.

A personal protective equipment (PPE) donation drive was conducted by the Davao Oriental Medical Society to different healthcare frontliners in the province. The provincial government also enjoined the society in its meetings to improve or craft an ordinance in a bid to help stop the spread of the virus.

In Davao del Sur, our component society in the province partnered with the local government units in creating policies for implementation in their respective areas to help in the fight against Covid-19.

Meanwhile, medical specialists in Davao del Sur will transfer their membership to Davao del Sur Medical Society from their current membership in DMS, increasing the latter's number of members.

In General Santos City, however, our component society received a 290-square meter lot donated by Dr. Jesus Veneracion for the establishment of the General Santos City Medical Society office building. The society, in partnership with the General Santos Hospital, devised a Covid-bed availability monitoring system to help facilitate both the doctors and the patients in the hospital in admitting Covid-19 patients.

Recently, our component society in GenSan received 1,000 pieces of PPE from Senator Manny Pacquiao, which it distributed 500 PPE to its members and the other 500 were shared to the Sarangani Provincial Health Office.

Meanwhile, the Office of the Governor, Mayor, Representatives and the South Cotabato Medical Society, along with the Municipal and Community Health Offices made a unified Covid-19 Surge Plan as an added boost to South Cotabato's existing health and safety measures in all areas of the province.

The Provincial Government, along with the South Cotabato Medical Society, also held a virtual concert dubbed as Songs of Hope to give tribute to medical frontliners in South Cotabato.

These were just some of the initiatives of the doctors of the component societies under the PMA-SEM and plans are also underway to help boost the government in its fight against Covid-19. Multiple projects are also being eyed by the PMA-SEM especially in helping the component societies realize their intention in giving aid to the depressed societies in their areas.

Since all the component societies under PMA-SEM had already conducted their official turnover and induction ceremonies, the PMA-SEM created a Presidents' Viber Group to channel all their communication for a speedy release or receive of information.



2020, a year filled with challenges and fear as COVID-19 pandemic became a part of our daily lives. But this not end our learnings, we are glad that in this generation it is more accessible for us to gain knowledge even if we were at our homes or workplace. In this time of "new normal", seminars and conventions were held using online platforms.

The Regional Assembly for NCR held last December 5 and 6, 2020 using Zoom with the help of our friends in UNILAB. Like our traditional face-to-face assembly, it started with the opening ceremonies and processional. Pictures of officers from different Component Societies, PMA National Officers and Logo of Specialty Societies were flashed on our screens, followed by a short prayer, National Anthem and PMA Hymn. Our master of ceremonies, Dr. Hector Santos, Jr., PMA Secretary General introduces the following: Dr. Alejandro Y. Tan - Host Governor, Manila Region for the welcome address, Mr. Edgardo A. Kanapi - Director, UNILAB-PRMD for the Cordial Greetings, Dr. Ricardo A. Batac - Chairman, PMA CPD Commission for the CPD Updates, Introduction of the President from the Manila Medical Society (Host Region) Dr. Benigno L. Ong and Presidential Message from Dr. Benito P. Atienza.

The following are the topics and speakers:

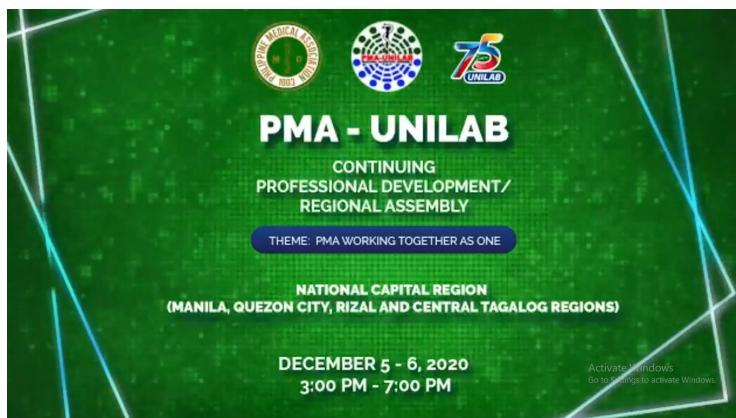
Scientific Lecture Day 1

1. COVID-19 National Action Plan and Situationer
Alethea R. De Guzman, MD

PMA-Unilab Continuing Professional Development / Regional Assembly for National Capital Region

Theme: PMA Working Together As One

By **Alejandro Y. Tan, MD**
Governor, Manila Region



After each day of lecture, certificate of appreciation awarded to the speakers and moderators. On the last day Dr. Elvira M. Milo - Manila Medical Society Vice-President led the Closing Remarks.

2. Antibiotic Rational Use in COVID-19 for Azithromycin

Arthur Dessi E. Roman, MD

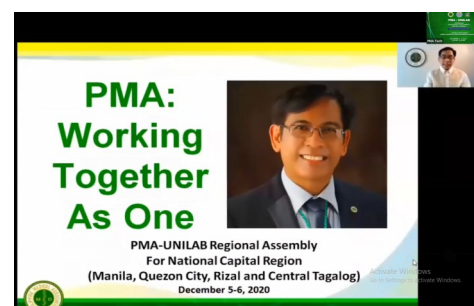
3. Medical Ethics in the time of Pandemic

Atty. Bu C. Castro, MD

Scientific Lecture Day 2

1. Updates on Medical Act
Oscar D. Tinio, MD
2. The Role of Zinc and Vitamin C in this time of COVID-19
Earl Louis A. Sempio, MD
3. Biomedical Waste in the time of Pandemic
Angelito Benjamin C. Belen, MD
4. Suicide and Depression: What are the Lessons we need to Learn?
Ma. Angelli Lorbes-Morico, MD

I would like to extend my gratitude to the officers of the Host Society - Manila Medical Society, each Component Society of PMA, our colleagues and members of PMA, UNILAB and the PMA National Officers. It was a memorable and a successful event for us during this time. Pandemic is not a hindrance for our continuous education. We can all surpass this challenge as PMA working together as one.





PMA Awards

By Ma. Realiza G. Henson, MD
Chair, PMA Committee on Awards

Dear Colleagues:

Greetings!

This is Dr. Ma. Realiza G. Henson, Chair of PMA Committee on Awards. I am happy to inform you that our beloved PMA National Officers and Board of Governors decided to include in this Newsletter, the awardees and winners of the different categories for the year 2019-2020. This is in lieu of a Souvenir Program which could not be produced since the country has been in a Pandemic and the PMA Convention was held virtually for the first time. Rest assured that the committee has on record, the consent of all the names and pictures that you will see here.

In behalf of the Committee, my heartfelt thanks to all of you for your cooperation in enthusiastic response amidst these unexpected turn of events.

So here goes....

PMA Award for Most Outstanding Physicians 2019-2020



Sharon P. Rafil, MD
Agusan del Norte Medical Society



Nikki James C. Francisco, MD
Aklan Medical Society



Ricardo D. Isip Jr., MD
Albay Medical Society



Romeo Y. Enriquez, MD
Angeles City Medical Society



Corazon E. Leyva, MD
Antipolo City Medical Society



Cecilia M. Balensoy, MD
Antique Medical Society

PMA Award for Most Outstanding Physicians 2019-2020



Roberto A. Correa, MD
Aurora Medical Society



Domingo P. Solimen, MD
Baguio-Benguet Medical Society



Jefferson A. Alamani, MD
Bataan Medical Society



Sheera Recto-Brown, MD
Batangas Medical Society



Francisca M. Paglinawan, MD
Bauan Medical Society



Jose Teofilo D. Arcay, MD
Bohol Medical Society



Policarpio P. Murillo IV, MD
Bukidnon Medical Society



Rosario Divina Reyes-Perez, MD
Bulacan Medical Society



Zenaida D. Tolentino, MD
Cagayan Medical Society



Gerardo S. Ramos, MD
Caloocan City Medical Society



Amelia A. Paguirigan, MD
Camarines Norte Medical Society



Rufo T. Llorin Jr., MD
Camarines Sur Medical Society

PMA Award for Most Outstanding Physicians 2019-2020



Andrea Joanne W. Alerta-Torre, MD
Canlaon Medical Society



Douglas P. Panerio, MD
Capiz Medical Society



Benjamin M. Alaban, MD
Cavite Medical Society



Lorna S. Diorico, MD
Cebu Medical Society



Maria Pat Tirol-Calamba, MD
Compostela Valley Medical Society



Ricardo B. Audan, MD
Davao Medical Society



Rommil V. Oraiz, MD
Davao Oriental Medical Society



Horacio B. Velasco, MD
Dipolog City Medical Society



Ethel A. Lagria, MD
Eastern Samar Medical Society



Elena Amora Lagat, MD
Gingoog-Medina Medical Society



Eileen G. Aniceto, MD
Iligan City Medical Society



Florina Q. Conde-Corpuz, MD
Ilocos Norte Medical Society

PMA Award for Most Outstanding Physicians 2019-2020



Max Geronimo T. Butardo, MD
Ilocos Sur Medical Society



Genevieve K. Gonzales, MD
Iloilo Medical Society



Jorge R. Madriaga, MD
Isabela Medical Society



Jaime A. Almora, MD
Kalinga Medical Society



Manuel C. Monis, MD
La Union Medical Society



Macabeo S. Villamor Jr., MD
Laguna Medical Society



Alexander R. Bantiles, MD
Lanao del Norte Medical Society



Nasser O. Alimoda, MD
Lanao del Sur Medical Society



Lorna M. Dideles, MD
Las Piñas Medical Society



Edgar C. Gasco, MD
Leyte Medical Society



Edgardo F. Faustino, MD
Lipa City Medical Society



Roxana M. Sison, MD
Makati Medical Society

PMA Award for Most Outstanding Physicians 2019-2020

Fernando I. De Castro, MD
Mandaluyong City Medical Society



David B. Pinto, MD
Manila Medical Society



Benjamin Edsel V. Malaya, MD
Marikina Valley Medical Society



Teodolfo J. Rejano, MD
Marinduque Medical Society



Linda C. Dubongco, MD
Masbate Medical Society



Anna Monica Real-Bracamonte, MD
Mindoro Occidental Medical Society



Emmanuel M. Cale, MD
Misamis Occidental (Oroquieta)
Medical Society



Angel T. Feliciano Jr., MD
Misamis Occidental (Ozamis)
Medical Society



Mitchel Dennis B. Gonzalez, MD
Misamis Oriental Medical Society



Nenita Dines-Lizardo, MD
Mountain Province Medical Society



John Ryan T. Dizon, MD
North Cotabato Medical Society



Glenda G. Oserraos, MD
Northern Samar Medical Society

PMA Award for Most Outstanding Physicians 2019-2020



Andrea DF. Espino, MD
Nueva Ecija Medical Society



Danilo Antonio A. Alejandro, MD
Nueva Vizcaya Medical Society



Maria Asean R. Briones-Delmendo, MD
Olongapo City Medical Society



Normando S. Legaspi, MD
Oriental Mindoro Medical Society



Dario Y. Capuyan, MD
Ormoc City Medical Society



Adelito D. Posas, MD
Palawan Medical Society



Reynaldo S. Alipio, MD
Pampanga Medical Society



Corazon Humilde-Cabading, MD
Pangasinan Medical Society



Virgilio C. Galang, MD
Pasay-Parañaque Medical Society



Lena P. Catindoy, MD
Pasig City Medical Society



Ramon E. Gonzales, MD
PMA-General Santos City Chapter Inc.



Ma. Mercedes V. Agustin, MD
Quezon City Medical Society

PMA Award for Most Outstanding Physicians 2019-2020



Edwin J. Pureza, MD
Quezon Medical Society



Wilmer L. Yap, MD
San Carlos City Medical Society



Victor S. Doctor, MD
San Juan Medical Society



Angelo Ian A. Sampelo, MD
San Pablo City Medical Society



Romanchito P. Bayang, MD
Santiago City Medical Society



Ruth K. Sampiano-Reginaldo, MD
South Cotabato Medical Society



Ma. Charina Franche-Bona, MD
Southern Ilocos Sur Medical Society



Arlene Marie B. Salvador, MD
Sultan Kudarat Medical Society



Almusaidi Anik Karay, MD
Sulu Medical Society



Apolonia Livia M. Villarez, MD
Taal Lemery Medical Society



Bienvenido F. del Mundo, MD
Taguig City Medical Society



Edgar T. Sumang, MD
Tanauan Medical Society

PMA Award for Most Outstanding Physicians 2019-2020



Oliva Enriquez-Bautista, MD
Tarlac Medical Society



Maria Elena Z. Basco-Tiamson, MD
Taytay-Angono-Cainta Medical Society



Ma. Leny Alda L. Gerona-Jusayan, MD
Valenzuela City Medical Society



Carmelita S. Vergara, MD
Western Batangas Medical Society



Bulan Feria Rosete, MD
Zambales Medical Society



Afdal B. Kunting, MD
Zamboanga City Medical Society



Babie Normita Talip-Lucero, MD
Zamboanga del Sur Medical Society



Porticia P. Tica, MD
Pan Pacific Aesthetic Institute
Foundation Inc.



Arnold C. Yu, MD
Philippine Academy of Cutaneous
Surgery



Maria Encarnacion R. Legaspi, MD
Philippine Academy of Dermatologic
Surgery Foundation Inc.



Grace M. Lopez, MD
Philippine Association of Primary Skin
Health Physicians Inc.



Pedro S. De Guzman, MD
Philippine College of Occupational
Medicine

PMA Award for Most Outstanding Physicians 2019-2020



Clarita Corazon Cruz-Maño, MD
Philippine Dermatological Society



Corazon Collantes-Jose, MD
Philippine Society for Cosmetic Surgery Inc.



Elmer G. Punzalan, MD
Philippine Society of Medical Specialists in Government Service Inc.

PMA Individual Awards 2019-2020



Federico Adriano Peralta IV, MD
Award for the Topnotcher in the Board of Medical Examination



Angela V. Cruz, MD
Award for Loyalty and Service



Alfred Allen E. Buenafe, MD
Award for Contribution to Modern Medicine



Ditas Cristina D. Decena, MD
Award for the Most Outstanding Individual with Environmental and Sanitation Project for Her/His Component Society



PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY (FOUNDATION) INC.
Award for the Specialty/Subspecialty/Affiliate Society with Most Outstanding Project

- *HEALTH (Health Education Aligning Lying Inns to Hospital;*
- *The Formulation of the Manila Declaration-a call- for Action Against Cervical Cancer;*
- *Support for the victims of violence against women and girls;*
- *Promotion of breast feeding in their outreach programs;*
- *Pre natal checkups, laboratory procedures and surgeries in their medical missions to the community;*
- *Lay fora through the REVEALED program (Reproductive Health for all through Education).*



PMA Individual Awards 2019-2020

SOCIETY OF GYNECOLOGIC ONCOLOGISTS OF THE PHILIPPINES (FOUNDATION), Inc.



Maria Lilibeth L. Sia Su, M.D.
President



Jericho Thaddeus P. Luna, M.D.
Immediate Past President



Filomena S. San Juan, M.D., PhD
Vice-President



Maria Julieta V. Germar, M.D.
Secretary



Jean Anne B. Toral, M.D., MSc.
Treasurer



Richard Ronald B. Cacho, M.D.
PRO

BOARD OF TRUSTEES



Doris R. Benavides, M.D.



Lilli May T. Cole, M.D.



Rommel Z. Dueñas, M.D.



Ana Victoria V. Dy Echo, M.D.



Esther Rhadamanthine V.
Ganzon, Jr., M.D.



Christine Joy G. Garcia, M.D.



Renee Vina G. Sicam, M.D.



Carolyn R. Zalameda-Castro, M.D.

SOCIETY OF GYNECOLOGIC ONCOLOGISTS OF THE PHILIPPINES (FOUNDATION), Inc.

Award for the Specialty/Subspecialty/Affiliate Society with Most Outstanding Project

- Dedication and commitment in screening of women for cervical and breast cancer for the past 20 years;
- Conduction Pap smear and Visual Inspection with acetic acid all over the country for cervical cancer screening
- Augmentation of the need for surgical expertise by carrying eight surgical missions with lay fora in the different communities throughout the country in cooperation with LGU's and hospitals.

PMA Award for Community Service by a Component Society (Initiated by Past President Romeo Y. Atienza, MD)

First Prize
Quezon City Medical Society

Second Prize
Southern Ilocos Sur Medical Society

Third Prize
Nueva Ecija Medical Society

PMA Award for Most Active Component Societies in Nutrition Activities (Initiated by Past President Samuel M. Tanchoco, MD)

First Prize
Southern Ilocos Sur Medical Society

Second Prize
Pangasinan Medical Society

Third Prize
Valenzuela City Medical Society

PMA Award for Most Active Component Society in Culture and Arts (Initiated by Adelaida Marquez Guzman, MD)

Pampanga Medical Society

Pujalte Award - PMA Award for Exemplary Humanitarian Service in Time of Calamities (Natural disasters of manmade)

Quezon City Medical Society

PMA Award for Component Society with Cancer Project (Initiated by Past President Francisco G. Dizon, MD)

Pangasinan Medical Society

PMA Award for the Most Active Component Society in Child Advocacy (Initiated by Past President Perla D. Santos-Ocampo, MD)

First Prize
Palawan Medical Society

Second Prize
Lipa City Medical Society

Third Prize
Pangasinan Medical Society

PMA Award for Most Outstanding Adopt-A-Barangay Project of a Component Society (Initiated by Past President Fe Canlas-Dizon, MD)

Firs Prize
Southern Ilocos Sur Medical Society

Second Prize
Quezon City Medical Society

Third Prize
Palawan Medical Society

PMA Award for Most Active Component Society in Environmental and Sanitation Projects (Initiated by Past President Nenita C. Lee Tan, MD)

Quezon City Medical Society

Dr. Fe Del Mundo Memorial Awards for Outstanding School Community Project (Initiated by Community Pediatric Society of the Philippines)

First Prize
Batangas Medical Society

Second Prize
Southern Ilocos Sur Medical Society

Third Prize
Quezon City Medical Society

Award for Merit for Membership Growth for Component Society

First Prize
Quezon City Medical Society

Second Prize
Pangasinan Medical Society

Third Prize
Ilocos Sur Medical Society

PMA Icasiano Awards 2019-2020

Most Active Component Medical Societies



CATEGORY I

	Medical Society	President	Secretary	Treasurer
First Prize	Quezon City	Ma. Lilybeth Pascual-Naguit, MD	Arnold E. Monteiro, MD	Rebecca Y. Sison, MD
Second Prize	Pangasinan	Arlene P. Pavo, MD	Rosemarie D. Valentin, MD	Marijen B. Uy, MD
Third Prize	Cavite	Rey-An Niño L. Garcia, MD	Vanessa V. Icasiano, MD	Charito B. Cuenco, MD



CATEGORY II

	Medical Society	President	Secretary	Treasurer
First Prize	Pampanga	Alice T. Buan, MD	Alma M. Macaspac, MD	Gil Francis S. Pelagio, MD
Second Prize	Batangas	Florence A. Santos, MD	Eleanor B. Geron, MD	Donnazon S. Reyes-Macasaet, MD
Third Prize	Ilocos Norte	Jonathan G. Noble, MD	Rickson R. Balalio, MD	Sinamar Ann D. Abando, MD
Third Prize	Marikina Valley	Marisilvana M. Basat, MD	Nino P. Isabedra, MD	Gloria A. de Guzman, MD

PMA Icasiano Awards 2019-2020

Most Active Component Medical Societies



CATEGORY III

	Medical Society	President	Secretary	Treasurer
First Prize	Bataan	Alberto Gerardo T. Dispo, MD	Jazzie A. Ramirez, MD	Rosalie P. Hidalgo, MD
Second Prize	San Pablo City	Randy C. Melo, MD	Rossana C. Sheelshear, MD	Ella Loraine D. Guia, MD
Third Prize	Palawan	Fe Joan Fama-Demegillo, MD	Katherine A. Paa, MD	Lumen R. Palanca, MD



Bauan Medical Society

CATEGORY IV

	Medical Society	President	Secretary	Treasurer
First Prize	Bauan	Anastacio D. Alvarez, MD	Babyleen E. Macaraig, MD	Shirley Marie C. Deza, MD
Second Prize	Southern Ilocos Sur	Felijoy Melody B. Barroga, MD	Jean Abigaile C. Caringal, MD	Ma. Eileen O. Pascua, MD
Third Prize	Western Batangas	Janice A. Atienza, MD	Ariel M. Atienza, MD	Leslie M. Inciong, MD

Certificate of Merit for the following Component Society and Testimonial of Merit for President

Northeastern Luzon Region

Nueva Vizcaya Medical Society
FLORIJEAN G. ALBANO, MD

Northwestern Luzon Region

Ilocos Sur Medical Society
JEANNE ZHERLUCK I. ZAPATA-LAPIRA, MD

La Union Medical Society
MARIA TERESA C. VERZOSA-ORLINO, MD

Central Luzon Region

Angeles City Medical Society
MICHAEL J. DIZON, MD

Bulacan Medical Society
ADELENE BLESILA GARCIA-GATMAITAN, MD

Nueva Ecija Medical Society
ROSALYN JOSEFA D.G. PAPA, MD

Olongapo City Medical Society
DAVID O. CALAPATIA, MD

Tarlac Medical Society
ETHEL VITAL-CORNES, MD

Manila Region

Manila Medical Society
BENIGNO L. ONG, MD

Rizal Region

Antipolo City Medical Society
RICARDO A. FRANCISCO, MD

Las Pinas Medical Society
ORPHA K. ABRIGO, MD

Pasig City Medical Society
SIGRID MONINA I. MARQUEZ, MD

Taytay-Angono-Cainta Medical Society
Maria Lolita R. Uy, MD

Central Tagalog

Caloocan City Medical Society
MARTIN R. LIWANAG, MD

Makati Medical Society
ERNESTO MARTIN H. NEPOMUCENO, MD

Pasay-Paranaque Medical Society
JOSEPH M. ACOSTA, MD

San Juan Medical Society
MARIA ELENITA V. FERNANDO, MD

Valenzuela City Medical Society
ARNEL V. HERRERA, MD

Southern Tagalog Region

Laguna Medical Society
PAMELA F. VELASCO, MD

Lipa City Medical Society
THERESA T. POLINTAN, MD

Marinduque Medical Society
CATHERINE DELL J. SADIWA, MD

Mindoro Occidental Medical Society
ERIC J. ASUNCION, MD

Oriental Mindoro Medical Society
BENJAMIN F. DILODILO JR., MD

Quezon Medical Society
MA. LOURDES A. REYES-GONZALES, MD

Taal-Lemery Medical Society
MARIO A. DELA CRUZ, MD

Tanauan Medical Society
ALVIN P. QUINO, MD

Bicol Region

Masbate Medical Society
CYNTHIA A. LLACER, MD

Western Visayas Region

Aklan Medical Society
DANNY A. PORTES, MD

Canlaon Medical Society
MA. IVY V. MALATA, MD

Central Visayas Region

Bohol Medical Society
JEFFERSON H. ONG, MD

Cebu Medical Society
LETICIA F. ABINUMAN, MD

Eastern Visayas Region

Leyte Medical Society
WILFREDO C. LIAO, MD

Western Mindanao Region

Sulu Medical Society
HJ. AMILBAHAR S. MATINGKA, MD

Southeastern Mindanao Region

Davao Medical Society
LUZ P. ACOSTA-BARRIENTOS, MD

PMA-General Santos City Chapter Inc.
FE ENCARNACION JUANITA M. RAFAEL, MD

Northcentral Mindanao Region

Iligan Medical Society
LEAH LOUISE V. JUSTINIANO, MD

Lanao del Norte Medical Society
GRACE JOY P. YAÑEZ, MD

Lanao del Sur Medical Society
NARIMAN LAO-TAHA, MD

Affiliate Society

Philippine Academy of Dermatologic
Surgery Foundation Inc.
MA. CRISTINA A. PUYAT, MD

Philippine Association of Medical
Journal Editors (PAMJE) Inc.
PROF. JOSE FLORENCIO F. LAPEÑA JR., MD

Philippine Association of Primary
Skin Health Physicians Inc.
ARLYN PAGLINAWAN-LU, MD