

**PMA ANNUAL CONVENTION
PMA RESEARCH COMPETITION
RULES AND REGULATIONS**

GENERAL RULES

1. This contest is designed to stimulate and encourage Resident Physicians in different specialties to write, present and publish **original research** and **case reports**, the **two main categories** in this **Research Competition**.
2. The contest is open to all **bonafide Resident Physicians** of all hospitals in the country who are active **members in good standing of the PMA**. There is **NO LIMIT** to the number of papers a Resident Physician may submit. In case of multiple authors, the Resident Physician must be the principal author. All papers must **NOT HAVE WON** any prize in any contest of the same nature, i.e. Inter-hospital or research contest in any society or convention. Papers previously submitted in a PMA Research Competition are automatically disqualified.
3. The contest is co-sponsored by Pharex Health Corp., Pascual Laboratories; The prizes for each category are:

	ORIGINAL RESEARCH	CASE REPORT
First Place	- P15,000 + Trophy	- P6,000 + Trophy
Second Place	- P12,000 + Trophy	- P3,000 + Trophy
Third Place	- P 9,000 + Trophy	- P1,500 + Trophy

4. These rules and regulations may be modified from time to time upon the recommendation of the Committee on Research, Education and Culture, Pharex Health Corp., Pascual Laboratories and approval of the PMA Board of Governors.
5. All papers automatically become the property of the PMA and cannot be published elsewhere without approval of the Board of Governors. Winning papers will be published in the PMA Journal following revision based on judges' reviews and final editing. Likewise, worthy non-winning papers may also be published in the PMA Journal upon acceptance by the editor, subject also to revisions based on judges' reviews and final editing.

MECHANICS

1. All entries must be submitted to the Chairman of the Committee on Research, Education and Culture – PMA Research Competition on or before March 18, 2016 at 5:00 PM:

**C/O MS. BABY M. PIÑGOL
PHILIPPINE MEDICAL ASSOCIATION
SECRETARIAT
PMA BUILDING, NORTH AVENUE, QUEZON CITY
TEL. 9296366; 9262447; 9297361 TELEFAX: 9296951
Email: philmedas@yahoo.com**

2. Entries must be clearly labeled “ORIGINAL RESEARCH COMPETITION” or “CASE REPORT COMPETITION” and submitted in **both hard original (PDF) versions and soft anonymized(PDF and WORD) copies**, according to the specifications listed below.
3. Entries for each category will be pre-judged according to the following criteria:

ORIGINAL PAPERS

ORIGINALITY&SIGNIFICANCE OF STUDY	25%
INTRODUCTION AND OBJECTIVES	10%
MATERIALS AND METHODS	20%
RESULTS (INCLUDING TABLES, FIGURES)	20%
DISCUSSION, CONCLUSION, RECOMMENDATIONS	25%

CASE REPORTS

ORIGINALITY & SIGNIFICANCE OF CASE	25%
INTRODUCTION	10%
ACTUAL CASE REPORT (INCLUDING FIGURES)	25%
DISCUSSION (INCLUDING TABLES)	40%

4. Only the top six (6) finalists per category will be chosen based on the above criteria. Pre-judging scores will be converted to seventy percent (70%) of the final score. The finalists will be notified by email and telephone (if possible) by the Chair of the Committee c/o Ms. Baby M. Piñgol, on or before April 30, 2016. Finalists must confirm their availability to present their papers orally during the actual paper presentations within forty-eight (48) hours of notification.
5. Oral Presentations may be held a week prior to (if the Convention is out-of-town), or during the PMA Annual Convention (if within Metro Manila). The oral presentation will comprise 30% of the 100% and will be added to the pre-judging score of 70%. The criteria for the oral presentation are:

ORIGINALITY & SIGNIFICANCE OF STUDY	25%
CLARITY & LOGICAL FLOW OF PRESENTATION	25%
VISUAL QUALITY OF SLIDES	20%
ORAL DELIVERY & AUDIENCE IMPACT	20%
ANSWERS TO QUESTIONS	10%

6. The order of presentation will be determined by drawing of lots at 7:00 AM, one (1) hour before the actual start of the competition, which this year will be on Saturday, May 7, 2016, 8:00 AM at the PMA Auditorium.
7. Oral presentations must be completed in eight (8) minutes, with five (5) minutes to answer questions. Each of the judges may ask one (1) question. A warning signal will be given at five (5) minutes. Points will be deducted for every minute or fraction of a minute overtime.
8. The decision of the Board of Judges on Presentation Day is FINAL.

INSTRUCTIONS TO AUTHORS

1. Papers must be word-processed using Arial Font 12 on A4 size paper with 1inch margins all around.
2. Two versions of the paper must be submitted; a **complete** PDF hard-copy version, and two **anonymized** soft copies in PDF and WORD versions.

3. The **complete PDF HARD COPY** must contain the following:
 - a. TITLE PAGE – with Title, Full Names of Authors, Institutional Affiliation, Complete Mailing Address with Zip Code, Phone and Fax, and Email.
 - b. ABSTRACT AND KEYWORDS –300 words for Original Papers, 250-words for Case Reports, MeSH Headings for Keywords (selected from NLM MeSH list).
 - c. INTRODUCTION – Maximum 3 paragraphs for Original Papers; Minimum 3 sentences for Case Reports; in either case, the last paragraph or sentence should contain the objectives of the paper.
 - d. MATERIALS AND METHODS (for ORIGINAL PAPERS) – Study Design, Population / Subjects and Sampling, Materials (listing applicable Models, Manufacturers and Locations) and Procedures, Statistical Analysis.
 - e. RESULTS (for ORIGINAL PAPERS) – Default is textual presentation; Figures and Tables may be used instead of text where they add clarity and conciseness.
 - f. CASE REPORT PROPER (for CASE REPORTS) – Default is textual narrative; Figures may be used for clarity and illustration.
 - g. DISCUSSION –A proper and logical discussion of the results (telling the reader what they mean) or of the case, vis-à-vis a review of the literature, ending in a summary / conclusion and recommendations.
 - h. REFERENCES - Vancouver (NLM PubMed) Style, listed and numbered chronologically in the order they are first cited in the text. Citations in the text must be indicated by Arabic numerals using superscripts.
4. The **ANONYMIZED PDF AND WORD ELECTRONIC COPIES** must contain all the above **EXCEPT** a. (TITLE PAGE). The TITLE should be placed immediately above the b. (ABSTRACT). ***IN ADDITION, the identity of the author(s), their institution, or any identifying data should NOT BE MENTIONED anywhere in the paper.***
5. An **AUTHOR FORM** certifying that **ALL FOUR ICJME CRITERIA FOR AUTHORSHIP** <http://www.icmje.org/recommendations/browse/roles-and-responsibilities/defining-the-role-of-authors-and-contributors.html> have been met by each author, and that the submitted work is original, represents honest work, and has not been submitted elsewhere, **MUST BE SUBMITTED, SIGNED BY ALL AUTHORS, with the PDF HARD COPY.**

FAILURE TO COMPLY WITH GUIDELINES, RULES AND REGULATIONS WILL MERIT AUTOMATIC DISQUALIFICATION OF THE PAPER SUBMITTED.