



# Philippine Medical Association

THE ACCREDITED PROFESSIONAL ORGANIZATION FOR PHYSICIANS

"PMA: Nagkakaisang Manggagamot Tungo sa Kalusugang Pangkalahatan"

Member: World Medical Association (WMA)  
Co-Founder: Confederation of Medical Association in Asia and Oceania (CMAAO)  
Medical Association of Southeast Asian Nations (MASEAN)

Secretariat: PMA Bldg., North Avenue, Quezon City 1108  
Tel: (632) 929-6366; 929-7361; Fax: (632) 929-6951  
Mobile: (Membership Hotline) 0917-8221367  
Website: [www.philippinemedicalassociation.org](http://www.philippinemedicalassociation.org) Email: [info@philippinemedicalassociation.org](mailto:info@philippinemedicalassociation.org)

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## MEMORANDUM CIRCULAR NO: 2012-0726 -012

TO : Presidents of Component Societies, Specialty Divisions,  
Specialty and Affiliate societies

FROM : Marianne O. Dobles, M.D.  
PMA Secretary-General

SUBJECT : 55<sup>TH</sup> PMA National Medicine Week Celebration

DATE : July 26, 2012

Warmest Greetings!

We are pleased to announce the Calendar of Activities for the 2012 Medicine Week which will be from September 23, 2012 to September 29, 2012. The PMA Foundation Day which will be on September 15, 2012 will precede the series of events of the Medicine week.

Theme: PMA NAGKAKAISA TUNGO SA KALUSUGANG  
PANGKALAHATAN

### September 23, 2012 (Sunday)

9AM - Opening Ceremonies ( Simultaneous nationwide)

2PM - Lay Fora on Exercises, (Aerobic and Strength exercises),  
Healthy lifestyles, Nutrition, Breast and Cervical Cancer Awareness  
This will be done in all SM Malls or any other malls or appropriate  
Venues nationwide. CD Modules will be sent to all concerned.

### September 24, 2012 (Monday)

Per component society, PAFP

Earth Day – Tree planting, or any other activity in support of PMA Advocacy  
Programs as anti-smoking, or clean air programs.  
Lay fora on Waste Management at Home (how to earn or save  
while recycling or reusing), Environmental Sanitation,



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Preventable Diseases as in Dengue, HIV, Leptospirosis,  
Typhoid, Hepatitis.

## September 25, 2012 (Tuesday)

Per Component Society, PPS

Child Advocacy Day – All activities will be centered on the  
Pediatric Age group.

Lay Fora – Breastfeeding, Immunization, etc.

Newborn Screening (Remove the Fear)

ELIMINATION of the Singing Physicians Contest

## September 26, 2012 (Wednesday)

Per Component Society, PCP, PAFP

Cardio-Metabolic Day

Lay Fora – Healthy Lifestyle (Anti-smoking; Anti-Obesity)

Diet, Aerobic and Strength Exercises

Screening for Cholesterol, Blood Sugar, ECG, CXR

Pulmonology – Spirometry

FINALS of the Singing Physicians Contest

## September 27, 2012 (Thursday)

Per Component Society, POGS, PCS, PATHO

Mother's Day, Women's Health

Lay Fora – Cervical Cancer, Breast Cancer Teenage Pregnancy  
(Adolescents); Drug Addiction

TOPICS (The Outstanding Physicians In Community Service)

## September 28, 2012 (Friday)

Per component society, PCS, PUA, POA, PSGS, PAO, ENT, PCP

Senior Day

Lay Fora– Osteoporosis (TAI –CHI; Brisk Walking)

Alzheimer's Disease, Senior Citizen Law, Prostate Cancer

Free Eyeglasses (c/o EYEGLASSES)

Senior Physician's Night (per component)



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**September 29, 2012 (Saturday)**

Closing Ceremonies – per component

Closing Ceremonies – PMA Auditorium

BULILIT CONGRESS (DELA SALLE, LIPA, BATANGAS)

c/o Dr. Benito Atienza

Please be guided accordingly.

MARIANNE O. DOBLES, M.D.  
PMA Secretary General

MODESTO O. LLAMAS, M.D.  
President PMA