



# THE PHYSICIAN

Volume XXIII, Issue No. 1

June-September 2013

## PMA President's Inaugural Speech

It is indeed a pleasure and my DISTINCT HONOR to be a part of this evenings gathering where we celebrate the changing of the guards.

It is a privilege to be a part of this momentous occasion. To witness the changing of flags, so to speak. This event marks the end of one's valued leadership and the beginning of a new era. It is difficult to imagine life without leadership and life without change. Tonight, we pay tribute to the process of election, a testament to democracy.

To the PAST OFFICERS and ALL members ... support your leaders as they are the chosen ones. They only have your best interests at heart.

To the new leaders ... a great honor and its consequential responsibility has been bestowed upon you. It is a prestigious position but always remember that with great power comes huge responsibilities. You have been selected by the members to provide not only sterling leadership but enriching leadership by example. To be an effective leader, you should be able to listen and follow as well.

In the pursuit of common goals, there will be paths that are easy, but there will also be challenging routes as well. And at times, it can be frustrating too. As exasperating as it can be, at the end of the day, after all the heartaches are gone and, when the goals are met, you will see that it was all worth-while to be bestowed the leadership of my dear association.

Theodore Roosevelt said: "It is not the critic that counts; not the man who points out how the strong

## PMA's New Dynamic President



**Atty. Leo O. Olarte, M.D. was inducted 91<sup>st</sup> PMA President during the 106<sup>th</sup> PMA Annual Convention at Manila Hotel on May 17, 2013. Philippine Vice-President Jejomar C. Binay was the Inducting Officer.**

man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end, the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat."

May we remain strong and be united in our mission and vision, today and in the years to come.

The clusters of programs of my administration will focus on areas within the PMA as well as issues that affect the practice of medicine as a whole.

Our present Old Constitution and By- Laws, need to be amended, changed or revised to keep up with the growing demands of our PMA Membership. We shall initiate a Constitutional Convention this early August 2013, where all vested interests shall be represented in the Convention. For many years now, we have not attained the 2/3 votes to amend our Constitution and By- Laws. We have to

*continued on page 3*

**Philippine Medical Association**

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## Editor's Column

Mardave S. Martinez, M.D.

The PMA website is <https://www.philippinemedicalassociation.org> And, search Philippine Medical Association on FB.

**The Physicians** comes out every quarter. Only current issues are circulated by the present administration during regional assemblies, or sent by couriers. Limited copies of old issues of past years are in the PMA stock room and may be procured--personally.

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The current and forthcoming issues of the PMA newsletter do not and will not come out with messy loose inserts. The **newsletter primarily serves as a healthy instrument** to update members on current happenings in PMA and component societies, specialty and affiliate societies. It contains information that unifies and solidifies PMA.

Digital or electronic copy of the contents of the current newsletter is displayed in the PMA website.

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**Article contributions** are invited from component societies,

specialty and affiliate societies, subject to editing understandably due to limited space.

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On the side, **PMA's corporate term** has been extended for **another 50 years**. PMA became a registered corporation in October, 1963, and its term is set to expire on October 24, 2013. The Certificate of Filing and Amended Articles of Incorporation was signed by SEC in Mandaluyong City on September 4, 2013—extending for another half-century the life of PMA, Inc. Congratulations, PMA!

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BIR and PMA. In widely-circulated newspapers, BIR has announced the placement of **physicians' fees in clinic lobbies** or reception areas. Members cried "foul". And several days later, **BIR acceded to PMA's request to not post physicians' professional fees** in their clinics.

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Being patriotic citizens, **PMA physicians pay their taxes** and demand that these taxes be used for the true purposes for which they are collected.

Tabloids and newspapers are **experts in creating turmoils** among their readers, and PMA members were not exempted. A major newspaper stated that PMA would adhere to BIR's pronouncement is one such item to reconsider. Reading closely, one finds out that the name of the PMA official was not even stated, which was indeed foul. The PMA President was out of the country days before and during the time the news surfaced. Indeed!

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Medicine Week Opening Rites. **Calamba City, birthplace of PMA Icon** and National Hero Dr. Jose P. Rizal, was the appropriate alternate site for the PMA Medicine Week Wreath-laying Ceremony on September 22, 2013 because of the city's historical significance. Rizal Park is undergoing a controversial renovation and is not available for some activities. PMA celebrates the National Medicine Week on the third week of September annually, as per Proclamation 439 of President Carlos P. Garcia.

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**"PMA: Kabalik at sa Kalusugan, Kaunlaran at Maayos na Kapaligiran"**

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## The Physician

*The Physician* is an internal publication of the Philippine Medical Association instituted by the PMA Board of Governors for the dissemination of information to PMA Members. Its office is at the PMA Secretariat, North Avenue, Quezon City 1105; contact numbers: 9296366; 9262447, 09189234732, 09178221357; fax number: 9296951; email: [info@philippinemedicalassociation.org](mailto:info@philippinemedicalassociation.org), [philmedas@yahoo.com](mailto:philmedas@yahoo.com); website: [www.philippinemedicalassociation.org](http://www.philippinemedicalassociation.org)



**PMA President Atty. Leo O. Olarte delivers his Inaugural Address during the Closing Ceremonies of the 106th Annual Convention at Manila Hotel, May 17, 2013.**

***Pres. Olarte Inaugural, from page 1***

try other methods, like the Constitutional Convention, to attain the 2/3 votes required by Law to amend our Constitution and By- Laws.

The PMA Filinvest Project must be continued to the finish. I will legally scrutinize the provisions of the PMA FILINVEST CONTRACT to make certain that our best interest is properly protected. To IMPLEMENT THE PROJECT, we need a 2/3 votes of the General Membership to fulfill our dreams of making the PMA financially self sufficient.

The Medical Act of 1959 needs to be amended or revised to meet the ever increasing demands of our patients. We need allies and defenders in Congress to enact into Law a Physicians' Bill that is favorable to both patients and physicians.

We will champion the cause of the Physicians in Congress, the PHIC and HMO. To be a stronger force to reckon with, we shall align forces with the Philippine Hospital Association and the Private Hospital Association of the Philippines.

We need to recover the P11M loss as much as we can from ExportBank. We will file Legal Action againsts the Bank. Mere verbal negotiations are not enough.

We must computerize our PMA Transactions to make it most

efficient, productive and prevent paper wastage.

We must update and strengthen our PMA membership roster by creating credible and updated members' directory.

In Congress, we shall strive to persuade our Lawmakers to amend the Magna Carta of Government Health Workers so that it can be fully implemented for the benefit of our government physicians.

We shall also strive to upgrade our Health Workers Salaries thru Legislative action.

Your humble servant will not just react to issues. But with dynamism and restraint shall lead you to the path of excellence, transparency and accountability.

My mission is to help PMA adapt to the changing times. Indeed, the times are different and the world is fast changing.

Change is such an ambitious word. It is not easily attained especially in the presence of hostile detractors. BUT CHANGE CAN HAPPEN. And the past election is a testament to this "CHANGE", with a resultant change in PMA Leadership.

But leaders are nothing without the support of its members. I, therefore appeal to my fellow physicians in the PMA to support your Servant Leader in achieving the goals

that will redound to the good name and reputation of the medical profession. Tonight, I stand before you not as your National President but as your servant and instrument for change.

Again let me cite an abstract from the Book of Ecclesiastes and leave you something to ponder: "There is a time for EVERYTHING. A time to kill and a time to heal, a time to tear down and a time to build, a time to speak and a time to be silent, a time for war and a time for peace."

Indeed there is a time for everything.

And a season for every activity under the heavens.

**MABUHAY PO TAYONG LAHAT!**

**MABUHAY ANG PMA!**

**Atty. Leo O. Olarte, M.D.  
President, PMA**

**President's Activities:  
Inductions, Visitations,  
others**

**May 28, 2013** - 6:00 p.m.

Antipolo Medical Society  
Le Blanc, Sumulong Hiway, Antipolo City

**May 30, 2013** - 6:00 p.m.

San Pablo City Medical Society  
Auravel Grande Hotel and Resort, San Pablo City

Attire: Coat and Tie or Barong  
President: Dr. Natividad Cariaga  
0917-5449915

**May 31, 2013** - 12:00 nn

Philippine Society of Insurance Medicine  
President: Roland Cua, M.D.  
Private Dining Room Bar Rouge,  
New World Hotel, Makati City

**June 1, 2013** - 6:00 p.m.

Pasay Paranaque Medical Society

**June 2, 2013** - 6:00 p.m.

Laguna Medical Society

**June 4, 2013** - 6:00 p.m

San Juan Medical Society  
5th Flr., Basilio Valdez Hall, Our Lady of Lourdes Hospital

*continued on page 4*



*President's Activities, from page 3*

**June 5, 2013 - 6:00 p.m.**

Nueva Ecija Medical Society  
La Parilla Hotel

**June 6, 2013 - 6:00 p.m.**

23rd Taal Lemery  
Canyon Woods Resort, Diokno Highway  
Barangay San Gregorio, Laurel, Batangas  
Attire: Coat and Tie  
President: Rodolfo Aguila, M.D.  
0917-5042652

**June 7, 2013**

Guest Speaker at the 2nd Mid Year  
Convention of Philippine Society of  
Medical Specialists Inc/ in Government  
Service, Grand Men Seng, Davao City

**June 8, 2013 - 5:00 p.m.**

Davao Medical Society  
Ritz Hotel Bo, Obrero, Davao City

**June 9, 2013 - 9:00 a.m.**

First Regular Board Meeting

**June 12, 2013 - 6:30 p.m.**

Marikina Valley Medical Society  
2nd Flr., CVJ Clubhouse, Eagle St., New  
Marikina Subdivision, Marikina City

**June 13, 2013 - 6:00 p.m.**

Guest Speaker, Appeton Comeback  
Launch Regarding Health and Wellness  
Tower Club (Taipan Room) 33rd floor,  
Ayala Avenue Philamlife Tower,  
Paseo de Roxas

**June 14, 2013 - 6:00 p.m.**

Las Pinas Medical Society  
Alabang Country Club  
Attire: Formal Black

**June 15, 2013 - 8:00 a.m.**

Opening Ceremonies and Induction  
Ceremonies 77<sup>th</sup> Annual Convention of the  
Camarines Sur Medical Society, Villa  
Caceres Hotel, Naga City

**June 17, 2013 - 6:00 p.m.**

Lipa City Medical Society  
Club Victorina, Lipa City

**June 18, 2013 - 6:00 p.m.**

La Union Medical Society

**June 19, 2013 - 6:00 p.m.**

Cebu Medical Society  
City Sports Club Cebu, Cardinal Rosales  
Avenue, Cebu Business Park, Cebu City

**June 20, 2013 - 8:00 a.m.**

Iloilo Medical Society

**June 21, 2013 - 6:00 p.m.**

Oroquieta, Villa Amor Hotel,  
Oroquieta City

**June 23, 2013 - 6:00 p.m.**

Makati Medical Society  
Dusit Thani Hotel, Makati City

**June 25, 2013 - 6:00 p.m.**

40th Ruby Induction of Paranaque Medical  
Society, 2nd Floor, Midas Cafe Roxas Blvd.,  
Pasay City

**June 27, 2013**

Cotabato City Medical Society

**June 28, 2013 - 6:00 p.m.**

Philippine Heart Association 60th year  
Celebration, Isla Ballroom, EDSA Shangri-  
La Hotel, Mandaluyong City

**June 29, 2013 - 6:30 p.m.**

Iligan City Medical Society  
Ma. Cristina Hotel, Iligan City

**July 1, 2013 - 11:00 a.m.**

Meeting with Pfizer

**July 1, 2013 - 6:00 p.m.**

Pampanga Medical Society  
Heroes Hall, San Fernando City

**July 2, 2013 - 3:00 p.m.**

Pangasinan Medical Society  
CSI Stadia, Dagupan City

**July 3, 2013 - 6:00 p.m.**

Tarlac Medical Society  
Fortune Seafood Restaurant  
In front of Jackson Hospital

**July 4, 2013 - 4:00 p.m.**

Quezon Medical Society Keynote Speaker  
and Inducting Officer  
59th Annual Induction Ceremonies Queen  
Margaret Hotel, Lucena City

**July 5, 2013 - 6:00 p.m.**

Mindoro Oriental Medical Society

**July 6, 2013**

Leadership Seminar for NCR, Bicol,  
Southern Tagalog.  
Bayanihan Hall, UNILAB

**July 6, 2013 - 6:00 p.m.**

Tanauan Medical Society Induction

**July 7, 2013 - 6:00 p.m.**

Misamis Oriental Medical Society Induction

**July 9, 2013 - 6:00 p.m.**

Santiago City Medical Society  
Dreamwave Hotel

**July 11, 2013 - 6:30 p.m.**

Meeting with UERM College of Medicine  
Alumni Association  
Annabels Restaurant

**July 12, 2013 - 6:00 p.m.**

Angeles City Medical Society  
Century Hotel, Balibago, Angeles City

**July 13, 2013 - 6:00 p.m.**

South Cotabato Medical Society

**July 14, 2013**

2nd Regular PMA Board Meeting

**July 16, 2013 - 6:00 p.m.**

Western Batangas Medical Society  
Casino Filipino, Tagaytay City

**July 18, 2013 - 6:00 p.m.**

Bauan Medical Society  
Batangas Country Club, Bolbok, Batangas

**July 20-21, 2013**

Leadership Seminar, Visayas and  
Mindanao

**July 25, 2013 - 6:00 p.m.**

Bataan Medical Society  
Love's Restaurant, Balanga, Bataan

**July 26, 2013 - 5:30 p.m.**

Ilocos Norte Medical Society  
Fort Ilocandia Hotel and Resort, Laoag City

**July 27-28, 2013**

Leadership Seminar North Eastern,  
Northwestern and Central Luzon, Vigan

**July 28, 2013 - 6:00 p.m.**

Baguio-Benguet Medical Society  
Baguio Country Club

**July 29, 2013 - 12:00 nn**

Lanao del Norte Medical Society

**August 2, 2013 - 6:00 p.m.**

Capiz Medical Society

**August 3, 2013 - 6:00 p.m.**

Aklan Medical Society

**August 6, 2013 - 1:30 pm**

Meeting with Board of Medicine PRC  
Conference Rm, 3rd Floor

**August 6, 2013 - 6:00 p.m.**

Meeting with PCP Board at PCP Office

**August 9, 2013 - 6:00 p.m.**

Mindoro Occidental Medical Society,  
Sikatuna Beach Hotel, San Jose City

**August 10, 2013 - 6:00 p.m.**

Cavite Medical Society  
Manila Diamond Hotel

**August 11, 2013**

3rd Regular PMA Board Meeting

**August 16, 2013 - 6:00 p.m.**

Masbate Medical Society

**August 17, 2013 - 6:00 p.m.**

Albay Medical Society

**August 20, 2013**

Invitation from Power Max consulting  
Group as speaker in the first Philippine  
Stem Cell Therapy Summit at Crowne  
Plaza

**August 25, 2013 - 12:00 nn**

Lanao del Sur Medical Society

**August 31, 2013 - 9:00 a.m.**

Basilan Medical Society

**August 31, 2013 - 4:00 p.m.**

Induction Zamboanga Sibugay

*continued on page 5*

*President's Activities, from page 4*

**August 31, 2013 - 7:00 p.m.**

Zamboanga City Medical Society

**September 1, 2013 - 12:00 nn**

Tawi-tawi Medical Society

**September 10, 2013 - 6:00 p.m.**

Bulacan Medical Society

**September 12-14, 2013**

28th CMAAO Congress & 49th Council Meeting

Host: Indian Medical Association

Hotel Shangri-La, Ashoka Road, New Delhi, India

**September 15, 2013**

PMA Foundation Day

**September 18, 2013 - 6:00 p.m.**

Invitation of Chinese General Hospital and Medical Center Section of Pulmonary Medicine as Speaker at MRI Conference Room, 2nd flr., Chinese General Hospital

**September 20, 2013 - 6:00 p.m.**

Negros Oriental Medical Society

**September 21, 2013 - 6:00 p.m.**

Invitation of Philippine Society of Oncology as Inducting Officer Manila Diamond Hotel

**September 22-28, 2013**

Medicine Week Celebration

**September 29, 2013 - 12:00 nn**

Zamboanga del Sur Medical Society Induction

**September 29, 2013 - 7:00 p.m.**

Dipolog, Dapitan and Zamboanga del Norte Medical Societies

**Vice President Irineo C. Bernardo III, M.D.: Activities**

**June 7, 2013**

Batangas Medical Society Induction, Pontefino Hotel, Batangas City

**June 14, 2013**

Leyte Medical Society Induction

**June 20, 2013 - 6:00 p.m.**

Dipolog City Medical Society Induction

**June 26, 2013 - 7:00 p.m.**

Olongapo City Medical Society Induction, Seorabeol Hotel, SBMA

**June 29, 2013**

Malabon-Navotas Medical Society Induction

**July 6, 2013**

PMA Orientation and Leadership Seminar for NCR, Bicol, Southern Tagalog, UNILAB Bayanihan Hall

**July 13, 2013 - 6:30 p.m.**

Canlaon Medical Society Induction

**July 20-21, 2013**

PMA Orientation and Leadership Seminar, Visayas and Mindanao, Waterfront Hotel, Cebu City

**July 27-28, 2013**

PMA Orientation and Leadership Seminar Northeastern, Northwestern and Central Luzon, Hotel Salcedo, Vigan City

**September 10, 2013 - 7:00 p.m.**

Philippine Society of Hematology and Blood Transfusion, EDSA Shangri-La Hotel

**September 14, 2013**

77th Foundation Day of Philippine College of Surgeons at Garden Ballroom, EDSA Shangri-La Hotel

**September 15, 2013**

Attended the PMA Board meeting and the observance of the PMA Foundation Day at PMA Auditorium

**September 25, 2013**

Attended a meeting on computerization at the UNILAB Annex from 4:00pm to 8:00 pm

**September 27, 2013**

Went to Angeles City to participate and act as a judge during the inter-hospital competition among physicians and healthcare providers of five (5) health facilities held at the Sacred Heart Hospital. The activity was organized by the Angeles City Medical Society headed by Dr. Jose Albert Quintos. Pma Governor Cheryl Tuazon was also there during the occasion. More than 200 guests and participants from six (6) health institutions took part in the variety show with Angeles University Foundation winning the competition.

**September 28, 2013**

Participated in closing ceremonies of the PMA held at the PMA Auditorium

**September 29, 2013**

Attended the Philippine Perinatal Society convention held at the Century Park Hotel, Ermita Manila.

**Highlights from PMA Regions****Northeastern Luzon**

**Gov. Roman T. Pinson, M.D.**

**NEL HOLDS JOINT INDUCTION AND LEADERSHIP SEMINAR**

The NEL Region of PMA held their joint induction of officers on July 9, 2014 at the La Salette of Santiago, Santiago City, Isabela. It was hosted by the Santiago City Medical Society

led by their president Dr. Floren Mallabo. Dr. Leo O. Olarte, PMA National President was Guest of Honor and Inducting Officer. He was accompanied by Dr. Benito P. Atienza, PMA National Treasurer. Dr. Roman T. Pinson, governor for NEL was also in attendance.

The NEL Region is composed of the Apayao, Batanes, Cagayan, Ifugao, Isabela, Kalinga, Nueva Vizcaya, Quirino, Santiago City, and Western Isabela Medical Societies.

The presidents and secretaries of the different component societies of NEL Region also attended the 2013 Regional Orientation and Leadership Seminar for the NEL, NWL and CL Luzon block on July 21, 2013 at Hotel Salcedo de Vigan in Vigan City.

The component medical societies of NEL conduct regular scientific conferences and round table discussions for their professional growth. In addition outreach programs and medical missions are held by the Cagayan Medical Society led by their president Dr. Enrico Babaran and the Kalinga Medical Society with their president Dr. Cynthia Rojo. The Batanes Medical Society and the Ifugao Medical Society led by their presidents Drs. Martin Querubin and Bibiana Pasigon respectively also conduct outreach programs and medical/dental missions. Plans are underway for more activities by the different component medical societies like preparations for the National Medicine Week Celebration on September 22-28, 2013.

## Northwestern Luzon

Gov. Mila Marie P. Guerrero, M.D.



### PMA GOES TO THE NORTH!

The PMA General Assembly in May, 2013 approved the holding of the 107th PMA Annual Convention in Vigan City, Ilocos Sur.

Vigan City, known for its cultural richness and unique preservation of the past, is a favorite tourist destination. It is a microcosm of Philippine History. We invite you all to come to Vigan and enjoy a leisurely walk along the famous Cobbled Streets of the Vigan Heritage Village, and linger on to experience "where the past is a powerful presence."

Not only this, nearby Candon City will be the site of the 2013 Northwestern Luzon Regional Assembly, the first ever to be conducted in the 2nd District of Ilocos Sur. Truly, it is our chance to showcase what we've got in Ilocos. This is something that we Ilocanos will all be proud of.

We look forward to seeing you in the cities of Vigan and Candon.

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## Central Tagalog

Gov. Melchor B. Tuquero, M.D.



### CENTRAL TAGALOG REGION DOCTORS, HABAGAT FLOODS VICTIM AND VOLUNTEER ALIKE

## Pananaw at Layunin ng Pang- gitnang Rehiyong Katagalogan Pananaw:

"Maging isang katipunan ng mga manggagamot ng nagkakaisa sa mithi-  
ing isabuhay ang pinakamataas na  
karunungan, kahusayan at katapatan  
sa pag-gagamot at pagkatao, sa  
pamamagitan ng patuloy na pag-aaral,  
pagsusuri at pagsasanay, tungo sa  
pangkalahatang kalusugan ng inang  
bayan at kanyang mamamayan"

### Layunin:

"Maglilingkod at mag-aruga sa  
personal at propesyonal na buhay ng  
mga kasaping manggagamot upang  
mapaglingkuran nila nang buong  
husay, talino at katapatan ang  
kanilang mga pamilya, kamag-anak,  
pasyente, kapwa-manggagamot at  
propesyonal pangkalusugan, komuni-  
dad, kalikasan at bayan"

True to its Mission and Vision, the Central Tagalog Region particularly the Pasay-Paranaque Medical Society responded to the call to help TS Maring-Habagat flood victims aired by the PMA President even before they arrived at the evacuation centers. The San Juan Medical Society, Caloocan Medical Society and Makati Medical Society all came to repack relief goods even before the goods were yet to be purchased, when the PMA president texted for volunteers to go to the PMA auditorium, Pasay, Paranaque, Marikina and Valenzuela were themselves disaster areas, with several officers and members among the flood victims. Even before this disaster, the Central Tagalog Governor disseminated Leptospirosis Guidelines among the Component Societies on July 31, 2013.

The Central Tagalog Region donated 3 boxes (1 gross/box) of antibiotics for the evacuation centers in Roxas District, QC, and Potrero, Malabon. For two consecutive days Central Tagalog Region volunteer doctors led by the Governor and Presidents of the Makati, Caloocan City and San Juan Medical Societies treated patients in those evacuation centers in cooperation with the PMA

Disaster Committee and GMA 7 Unang Hirit, while the component societies of Marikina, Pasay Paranaque and Valenzuela conducted simultaneous relief operations in the hardest-hit areas. The physicians of the region indeed live up to the call of Sir William Osler for the physician **"to cure sometimes, to relieve often, and to comfort always"**

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## Southern Tagalog

Gov. Jose P. Santiago Jr., M.D.



### STAMP SPEARHEADS RIZAL AWARDS

Nominations for the 23<sup>rd</sup> Dr. Jose P. Rizal Memorial Awards in 5 categories: Community Leadership, Clinical Practice, Academe, Research and Government service, is now open. Guidelines and nomination forms are available at the PMA Secretariat. Deadline for submission of nominations is December 31, 2013.

PMA-STAMP Fun Run 2013 on Sept. 22, 2013, at Greenfields City, Sta. Rosa, Laguna, concurrent with the Wreath Laying Ceremonies in Calamba, Laguna will mark the Opening of the 56<sup>th</sup> PMA National Medicine Week.

I joined the PMA medical missions in Malabon City and in San Pedro, Binan (Doctors on Boat) and Sta. Rosa in Laguna. These flooded places were badly affected by typhoon Maring in mid-August, 2013. STAMP Component societies donated sacks of rice, canned goods, bottled water, noodles, coffee and chocolate drink sachets to flooded typhoon victims in the Cavite and Laguna areas.

I have completed my rounds of Induction Ceremonies in the 14 STAMP Component Medical Societies



*Southern Tagalog Highlights,  
from page 6*

and have attended all recent regular PMA Board meetings. Unique in my term is that each of my monthly STAMP Regional Council Meetings concluded with a spiritual experience at a nearby shrine or cathedral.

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### Central Luzon

Gov. Maria Cheryll P. Tuazon, M.D.



### PMA CENTRAL LUZON IN ACTION...

The PMA Central Luzon Region is composed of eight (8) Component Societies with their corresponding Presidents FY2013-14 namely: 1) Angeles City Medical Society - Jose Albert L. Quintos, MD, 2) Bataan Medical Society - Angelito N. Baluyot Jr., MD, 3) Bulacan Medical Society - Jocelyn Esguerra-Gomez, MD, 4) Nueva Ecija Medical Society - Edgar Mendoza, MD, 5) Olongapo City Medical Society - Mary Ann Guerra-Factura, MD, 6) Pampanga Medical Society - Mildred M. Mariano, MD, 7) Tarlac Medical Society - Imelda Q. Tiglaio, MD, and 8) Zambales Medical Society - Mirian F. Abadilla, MD. The team has been prepared to function during the Regional PMA-UNILAB Orientation & Leadership Seminar held at Hotel Salcedo de Cigna, Vigan on July 27, 2013.

We share a total estimate of 5,750 membership of the PMA Membership with 916 active members in good standing as of July 30, 2013 (source: PMA Registry).

### CENTRAL LUZON REGION will continue to sail on with the PMA Ship!

Amidst the strong winds and strong rains brought about by storms of nature and the storms of the many critical minds of our colleagues, we can only continue to carry on and cross every ocean that come the way of our voyage with the PMA ship- by holding hands together towards the real and common goal for the benefit of every member today and the coming generations—as I positively see the administration of PMA President Dr. Atty. Leo Olarte, the other National Officers, Board of Governors, Commissions and Committees, Specialty and Subspecialties and Affiliates. There has always been an untiring efforts to call for SUPPORT even by the leaders who came before this term. Let us give credit to everyone who started or endorsed the good plans and let us all be happy to give our share in continuing to lead the way towards achieving a common DREAM in the:

1. RATIFICATION OF THE AMMENDMENTS OF THE PMA CONSTITUTION & BY-LAWS – a fruit of the PMA Con-Con to be held on Sept 16-18, 2013
2. RATIFICATION of the PMA-FILINVEST BUILDING COMPLEX (Built -Operate-Transfer) –endorsed by 13 former PMA Presidents and the Incumbent PMA President
3. A TREE PLANTED BY EVERY DOCTOR

The environmental project of planting a tree will always remain to be a must year round commitment. The specific guideline in the implementation of this noble project of saving our beloved earth will be left to the different component society officers and members in collaboration with the communities, LGUs and other related agencies. An effective and efficient strategy on achieving the needed number of votes for the ratification of the Amendments of the PMA Constitution and By-Laws on May 2014 during the PMA Annual Convention would depend

*continued on page 8*

### SUMMARY OF PMA CENTRAL LUZON MEMBERSHIP PROFILE, including STATUS of ARREARS & GOOD STANDING as of July 30, 2013

<u>Central Luzon Membership Profile</u> (Source: PMA Registry)											
Component Society	CLASSIFICATION						Members in Good Standing		Members with Arrears		TOTAL Members
	Regular		LIFE Member		EMERITUS						
	No.	Percent	No.	Percent	No.	Percent	No.	Percent	No.	Percent	
Angeles City	498	39%	170	25%	10	1%	124	18%	554	82%	678
Bataan	300	72%	65	17%	12	3%	28	7%	349	93%	377
Bulacan	937	54%	360	27%	37	3%	208	16%	1,126	84%	1334
Nueva Ecija	734	70%	203	21%	37	4%	50	5%	924	95%	974
Olongapo City	309	39%	121	26%	28	6%	129	28%	329	72%	458
Pampanga	757	55%	152	16%	39	4%	234	25%	714	75%	948
Tarlac	530	57%	180	24%	35	5%	102	14%	643	86%	745
Zambales	142	43%	77	33%	17	7%	41	17%	195	83%	236
TOTAL	4207	55%	1328	23%	215	4%	916	16%	4834	84%	5750
<u>Central Luzon Membership Arrears Status</u> (Source: PMA Registry , July 30, 2013)											
Component Society	Members Incurring P100 Computerization Assessment Fee (CAF) Arrears only		Members with Arrears amounting to P1200 or more (with +/- CAF)		Total Members with Arrears as of July 31, 2013		TOTAL Members on PMA Registry**				
	No.	Percent	No.	Percent	No.	Percent	No.				
Angeles City	104	15%	450	66%	554	82%	678				
Bataan	49	13%	300	80%	349	93%	377				
Bulacan	203	15%	923	69%	1,126	84%	1334				
Nueva Ecija	189	19%	735	75%	924	95%	974				
Olongapo City	68	15%	261	57%	329	72%	458				
Pampanga	120	13%	594	63%	714	75%	948				
Tarlac	118	16%	525	70%	643	86%	745				
Zambales	52	22%	143	61%	195	83%	236				
TOTAL	903	16%	3931	68%	4834	84%	5750				

\*\*Component Societies should validate and reconcile with their respective Local Registry for updating with PMA before November 15.

### ***Central Luzon in Action, from page 7***

on knowing and focusing on the existing Membership profile of every Component Society. Know exactly the number of "members in good standing" by area so that you may be guided how many personal and proxy votes is expected to be delivered. And this will be an added tool to success in improving our respective financial status.

#### **THE COMMITMENT**

The PMA Central Luzon Region pledges and commit to do its duties and responsibilities most especially:

1. To bring 2/3 personal and proxy votes or more of its active and in good standing members for the Joint Ratification of the Amendments of the PMA Constitution & By-Laws and the Ratification of the PMA-Filinvest Building Complex Project
2. Be involved in advocating a tree planted by every member

In planning we can only foresee where and how to get going if we know where and how we stand at the present time. LET'S TAKE THE BETTER ACHIEVABLE CHOICE IF NOT THE BEST! Sail onward Central Luzon and may God bless and guide our journey.

We also call on every worthy PMA Member to get involved and reach out towards achieving our common goal.....Lets move on and sail harmoniously!

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**"PMA: Kabalik at sa  
Kalusugan, Kaunlaran  
at Maayos na  
Kapaligiran"**

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"A calendar year is again upon us, this first quarter the Nueva Ecija Medical Society has been even more aggressive in its projects. We have talked with barangays, NGOs, and health workers on the felt needs of their local communities and we have tapered our response accordingly. We have aimed to be seen and heard by the community. In this regard we have partnered with media institutions. As such, we have been so far on radio, print, internet and tv.

This early we can say that the NEMS officers are a diverse group of people with different specialties, but are united in their goal to serve and to be pro-patient, pro-doctor and pro-community."

Edgar A. Mendoza, MD  
NEMS - President

"A long term and evolving project of this year's Executive Council 2013-2014 is the **upgrading of and revision of the master list of ACMS members using Information Technology**. This will allow us to address and reach out to members **to settle their arrears with both the PMA and ACMS in order to increase its "good standing members"**. The ultimate goal is to have **100% compliance**. Corollary to the financial obligations is to **increase awareness of the necessity to earn Continuing Medical Education (CME) units regardless of specialty**. The PMA requires us to **earn 100 units a year broken down into 70 units from your specialty convention (if applicable) and 30 UNITS FROM ACTIVITIES OF YOUR LOCAL COMPONENT**. Thus, the ACMS has informed specialties with local chapters to accredit their symposia so that the opportunities to earn the required 100 CME Units have become broader and not just limited to Round Table Discussions / Product Presentations sponsored by the different pharmaceutical companies."

Jose Albert Quintos, MD  
ACMS President

"The Olongapo City Medical Society (OCMS) had its 45<sup>th</sup> Induction ceremonies last June 26, 2013 at Seorabeol Grand Leisure Hotel, SBMA with no less than the PMA Vice President Dr. Irineo Bernardo, III, PMA Central Luzon Governor Dr. Maria Cheryl Tuazon and Incoming Olongapo City Mayor, Hon. Rolan Paulino as Inducting Officers. There was also re-enactment of the awarding of the Icasiano plaques to the 2012-2013 officers headed by the outgoing President, Dr. Tina Marie Trinidad, Jose Rizal Finalist, Dr. Resty Acosta. Induction highlight was when Dr. Bernardo gave his PMA pin to the incoming president, Dr. Mary Ann Guerra-Factura.

Much has been done since June 2013. OCMS has scientific lecture and numerous Round Table Discussions for the CME needs of the members; Community outreach project in Barangay Asinan with SM Foundation, Free Digital Rectal exam during Father's day; Feeding, Deworming and "Clean little hands and pearly with teeth" project in Iram, New Cabalan, Olongapo City and Red Cross Blood Letting.

Typhoon "Labuyo" left the town of Masinloc, Zambales in a state of calamity. OCMS sent clothes to the evacuation area.

As typhoon "Maring" and monsoon rains hit the Philippines last Aug. 18-21, 2013, Olongapo City was one of the hard hit areas brought about by the torrential rains that brought floodings and landslides in various areas in the city. Barangays affected are: New Kalalake, New Kababae, Sta. Rita, East Bajac Bajac, Asinan and Old Cabalan. The evacuation areas are in Asinan elementary school, Sta. Rita elementary and high school, Tabacuhan elem school. Approximately 286 families and 1,007 individuals were housed in the said evacuation sites.

We were able to send initial foods, clothes and medicines. Medical cases commonly seen in the areas are: UTI, diarrhea and skin problems like fungal and bacterial infection."

Mary Ann Guerra-Factura, MD  
OCMS President

"Several Tarlaqueno doctors founded the Tarlac Medical Society, (TMS) a component society of the Philippine Medical Association (PMA) way back in 1946. Dr. Gonzalo Santos was the founding President. The objective is to promote cooperation among the doctors of the province extending to regional and national level.

The 67<sup>th</sup> Induction Ceremony held last July 3, 2013 and was attended by Dr. Maria Cheryl P. Tuazon (Regional PMA Governor for Central Luzon) and PMA President Atty. Leo O. Olarte, MD. Dr. Imelda Q. Tiglaio was inducted as the 57<sup>th</sup> TMS President, an independent-minded leader with a charismatic character and motherly temperament.

The 13<sup>th</sup> TMS Postgraduate Course: "All for Juan, Juan for All" - Holistic Approach to Medicine was held last August 1 & 2, 2013 which was well attended by the doctors from the 17 towns of Tarlac.

Free Flu Immunization and Medical Missions at the different towns of Tarlac namely Capas, Moncada and San Clemente, Nutrition seminar at Central Luzon Doctors' Hospital and Blood Letting Activity at the Tarlac Provincial Hospital were among the 1st Quarter Activities (June-July-August 2013 )."

Imelda Q. Tiglaio, MD  
TMS President

"Despite challenges and in the verge of standstill that the Zambales Medical Society is facing, still we keep moving on and continuously performing our missions and obligations to our colleagues and to the community. In our situation, nobody wanted to take responsibility neither to be an officer of the society. So that the past officers took the challenge and for the past three (3) years we have the same officers. Same faces leading the ZMS. All the Officers are MHO's in different municipalities here in Zambales except one.

Most of our activities included various medical missions and as MEDICS to several sports, activities sponsored by the Provincial Tourism Office here in our province."

Mirian F. Abadilla, MD  
ZMS President



## Western Mindanao

Gov. Ma. Gay M. Gonzales, M.D.



### PMA PRESIDENT VISITS WESTERN MINDANAO

PMA President Leo O. Olarte, MD recently concluded his string of visits to the South with much satisfaction and fulfillment as his group composed of Governor for Western Mindanao Dr. Ma. Gay M. Gonzales and guest Governor for Northern Mindanao Dr. Filipinas Villa was warmly welcomed by the PMA component society officers and members. A series of inductions of newly elected society officers were conducted in Basilan on August 30, 2013 with Component President Dr. Rufino Gaudiel; in Ipil, Sibugay on August 31 with Component President Dr. Ulysses Silorio; in Zamboanga City with Component President Dr. John Hernani Anacan; and lastly, in Tawi-tawi on September 1 with component President Dr. Sangkula Laja. There were CME sessions and administrative consultations during the PMA President's visits. Notably, Dra. Villa gave updates on HIV/AIDS during her visit to Tawi-tawi. An interactive open forum with society members concerning PMA affairs took place in Basilan. Indeed, President Olarte's visit was highly appreciated since the last visit of a PMA President was more than a decade ago. The entire visitation experience re-energized and motivated all component society officers and members of Western Mindanao Region to participate with fervor in various PMA activities. A bonus to the visit in Tawi-tawi was a trip to the National Landmark in Simunul Island where the first mosque was built in 1380 and where nearby the graveyard of the Sheik was preserved.

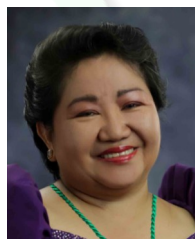
It was an hour sea travel on board the newly blessed sea ambulance donated by the DOH-ARMM. The group enjoyed the seafood and ecstatic scenery of every place visited especially the sight of the Bongao Peak and the sunset at Dr. Ibbo's resort in Tawi-tawi. The group toured the hospitals in Tawi-tawi and met the Chiefs of Hospital. In Zamboanga City, the group was brought to the Paseo del Mar to watch the dancing fountain after a sumptuous dinner at Alavar Restaurant and knickerbocker at Tony's, owned by a pediatrician, Dr. Jonathan Reyes. It was really a great weekend for Dr. Olarte and Dra. Villa, a deserving price for her winning the theme for the PMA Medicine Week celebration.

MUCHAS GRACIAS for the visits from the PMA members of Western Mindanao.

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## Northern Mindanao

Gov. Filipina S. Villa, M.D.



### NORTHERN MINDANAO HIGHLIGHTS

PMA Northern Mindanao Region is composed of four component medical societies: Bukidnon, Camiguin, Gingoog-Medina and Misamis Oriental.

Bukidnon Medical Society despite its well-planned Induction of Officers and Turn-Over Ceremony scheduled on July 30, 2013, to be held in Valencia City with PMA President Atty. Leo O. Olarte, MD as Inducting Officer and Guest Speaker and Valencia City Mayor Hon. Jose Gallario Jr. as special welcoming guest speaker

was cancelled due to a treacherous bombing incident on July 16, 2013 in Cagayan de Oro City, which claimed the untimely death of two physicians who were attending a mid-year convention in said city. The said incident also resulted to five fatalities and various injuries to forty victims. BMS officers unanimously agreed to cancel the Induction Ceremonies and instead donate the amount of thirty thousand pesos to the bereaved families of the bombing victims. A modest but well-attended Turn-over Ceremony was instead held at El Comedor Restaurant in Valencia City sans PMA officers, for security reasons. In the days that followed the BMS members proceeded with the Tree Planting Activity of forty hardwood specie along Pulangi River. Also, the venue of the forthcoming PMA Unilab Regional Assembly and Scientific Meeting supposedly scheduled on November 17, 2013 to be hosted by Misamis Medical Society was transferred to Loizas Pavillon, Malaybalay City due to the said tragic incident.

Camiguin and Gingoog Medical Societies did not hold Induction and Turn-over Ceremonies since both maintained the same sets of officers. As PMA Governor, I am appealing to these societies that they attend the PMA Regional Assemblies for their CME updates, and for them to put forth any issues concerning the Association and their status as members.

Misamis Oriental Medical Society experienced yet another heart-breaking moment, since the 2012 Typhoon Sendong, of which the first day of the mid-year convention of the Philippine Society of Chest Physicians, coordinated by Northern Mindanao PSCP Chapter in Cagayan de Oro City, was marred by the bombing incident. On August 2, 2013 a WALK FOR PEACE was initiated by the officials of

*continued on page 11*



## Unlad Karunungan

Ramon F. Abarquez, Jr. MD, EFACC, FAsCC, FPCP, FPCC, CSPSH

### 'REAL WORLD' SCENARIO IN A 'STATE OF ART WORLD'

'Medicine is not an Exact Science' and 'Clinical Practice Guidelines' (CPG) Recommendations are predominantly 'low power' evidences. The 'Real World' application of scientific data has to be projected as options to so-called 'State of the Art' clinical practices. For example- "Harder To Find Needle In Haystack" appeared in the 'Opinion' page of the Inquirer, August 2013. This modified article will illustrate the suggested focus for next year's CME topics for the Annual Scientific program.

### OPTION IN THE REAL WORLD:

After a apparently endless debate in Congress, the Reproductive Health Law is now being scrutinized in the Supreme Court regarding whether or not the law violates the constitutional provision on the right to life.

Everyone knows that finding an irrefutable answer to 'when life really begins' is probably more difficult than finding a needle in a haystack. There can be as many answers to this basic question as there are available references, personal beliefs, biases and convictions.

From a scientific and medical perspective, human life is not just any kind of life because a scientist can grow cells in the laboratory—even the fertilization of a human egg by a sperm cell—but hardly anyone will call that fertilized egg in the test tube human life already. Real human life starts when such existence and its progression to slowly take human form, as God naturally planned it, has been initiated—and that point is at the time that fertilized egg is implanted on the womb of the mother. Basic physiology and as a physician, 'human life, not

just any form of life', is a 'self-sustaining life' due to organized, synergistic, self-regulatory multiple basic, compensatory and supportive functions that define a "human being."

At fertilization by a sperm cell, the fertilized egg becomes a zygote. Without uterine implantation, the zygote and all unfertilized eggs or ova, as well as the millions of unsuccessful sperm cells undergo natural self-destruction or programmed cell-death called 'apoptosis', that is as 'natural' as skin cells dying and shedding, or locks of hair falling. There is nothing "murderous" about these cell cycles of 'being there' on a short-term basis. Hence, in the absence of self-sustaining functions—which would only start after implantation in the mother's womb—the zygote remains an 'inanimate' object. And in the event that contraceptive means prevented fertilization and should the zygote fail to be implanted, say due to environmental, sickness or aberrant physiologic indiscretion means, no life can be deemed terminated.

If the prolife or anti-RH position is- there is "life" at fertilization, how do you identify such natural "life"? Is mere in-vitro or test-tube fertilization without uterine implantation, already the beginning of life? Even without contraception, the fertilized egg or zygote can fail to get implanted in the womb, or die shortly after implantation in an infertile or unreceptive womb. And this happens countless times. Do we consider this as death of a human being already?

Miscarriages or premature fetal expulsion merit some religious ritual or blessing for the fetus which has failed to thrive and survive to

maturity because he or she is already considered a human being. If a fertilized ovum or zygote is already considered a human being, then should not a couple seek a "religious blessing", a baptism for each presumed successful fertilization or "burial rites" for a failed pregnancy after copulating during the woman's ovulation period or after an in-vitro fertilization? This is, of course, absurd. But many of the arguments being raised in the revived debate on the RH Law have already transcended the limits of pettiness.

### STATE OF THE ART:

On the other side of the coin, is a verbatim reaction from abroad, (Lisa Hawkins *Administrative Assistant*, American College of Pediatricians. <http://www.acpeds.org/the-college-speaks/position-statements/life-issues/when-human-life-begins>) The forthcoming statements may reflect an 'state of the art' position of said specialty organization.

"The importance of the issue of the beginning of human life was clearly put forward by Professor Emeritus of Human Embryology of the University of Arizona School of Medicine, Dr. C. Ward Kischer: "Since 1973, when Roe v. Wade was adjudicated, there have been many socio-legal issues involving the human embryo. Abortion, partial-birth abortion, in vitro fertilization, fetal tissue research, human embryo research, [embryonic] stem cell research, cloning and genetic engineering are core issues of human embryology. Every one of these issues has been reduced to a question of when human life begins. And that question is as prominent in the public media today as it was when first posed in 1973."

"There are many opinions given to answer this question, including some published in your newspaper. But what is important is not opinion, purely subjective views, but scientific discoveries that present the objective truth. What does science say about this issue?

We at the American College of Pediatricians concur with the statement of the Philippine Medical Association, when it said that "a human person or human being already does exist at the moment of fertilization." (<https://www.philippinemedicalassociation.org/downloads/circular-forms/Position-Paper-on-the-Republic-Health-Bill-%28Responsible-Parenthood-Bill%29.pdf>)

"As we state in our website, "Scientific and medical discoveries over the past three decades have only verified and solidified this age-old truth. At the completion of the process of fertilization, the human creature emerges as a whole, genetically distinct, individuated zygotic living human organism, a member of the species homo sapiens, needing only the proper environment in order to grow and develop. The difference between the individual in its adult stage and in its zygotic stage is not one of personhood but of development." (<http://www.acpeds.org/the-college-speaks/position-statements/life-issues/when-human-life-begins>)

"This is the final answer to this issue, as Professor Kischer puts it. In an article published at the Linacre Quarterly entitled "When Does Human Life Begin? The Final Answer", he categorically states: "'Virtually every human embryologist and every major textbook of human embryology states that fertilization marks the beginning of the life of the new individual human being.'"

#### INTERACTION:

My additional reactions, is that I fully respect their viewpoints and persuasions. Indeed at fertilization is NOT YET the beginning of life, either in vivo or in vitro, it is 'zygote life'. 'Human life' is deemed present upon implantation is the common impression since missed menses signals fetal development after implantation. Technical consensus is not unanimous.

However, Clinical Practice Guidelines (CPG) of any specialty is predominantly based on consensus or viewpoint with limited 'high-power' evidences. More importantly, in order 'to eliminate the "battle of experts" and reduce defensive medicine by requiring judges and juries to accept guidelines as standard of care conclusive evidence, are unlikely to overcome the CPG shortcomings since the early 1990s. (Melhman, [J Law Med Ethics](#). 2012 Summer;40(2):286-300) Likewise, as CME 2014 focus, tell students, trainees and colleagues to translate technical information into 'lay' or real world lingo and offer options, without totally disregarding completely, the State of the Art practices.

More importantly, if 'human life' and not simply a 'zygote life' starts at fertilization, can you tell a woman that her fertilized egg is 'dead' in her womb and she is legally responsible each time that zygote fails to be implanted in her womb? The fact is, that, usually and in general, a woman has no way to know for sure, unless sophisticated diagnostic test are obtained, that her assumed fertilization was a success until implantation and missed menses occur at the 'proper' time? If despite copulation, menses occurred, did not the woman unknowingly eliminated or inadvertently 'killed' her zygote? Likewise, are scientists 'assassins' each time a zygote in the test tube is discarded? Under such circumstances, the women and scientists could be charged for homicide or murder for unintentional or deliberate "killing" the presumed 'human being root', respectively. Of course, without the 'corpse' as evidence, they will be surely acquitted. Likewise, each time a 'sanitary napkin pad' is 'thrown away', such act can be equated as an attempt to discard evidence, since the menses soaked pad may have carried a fertilized egg. Or, perhaps the woman may be granted a 'pardon' or a penalty reduction each time a 'soiled sanitary

napkin pad' gets the appropriate 'burial rites'. Finally, the term 'human being' but certainly not a mere 'zygote or cellular being' has medico-legal implications or ethnological considerations. And the farce can go on and on with both sides insisting that views expressed remain debatable.

The proposed CME format, therefore, is to present updated CPG recommendations on 'common interest' with multi-disciplinary issues and interactions. **THUS, LET THE REAL WORLD SCENARIO BE THE 2014 FOCUS TO AN UPDATED 'STATE OF ART CARE' WHEREIN OPTIONS MAY BE THE RULE RATHER THE EXCEPTION.**

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#### *Northern Mindanao Highlights, from page 9*

Cagayan de Oro City with active participation of MOMS and other allied health professionals. The peace walk began with an ecumenical mass followed by the marching of participants towards the bombing site where a program was held at which I delivered the Closing Remarks. The entire event was filled with emotions and everyone prayed hopefully that justice would prevail and that peace, safety and unity would be restored. ✱✱



**"PMA: Kabalik at sa  
Kalusugan, Kaunlaran  
at Maayos na  
Kapaligiran"**







### PHILIPPINE MEDICAL ASSOCIATION NATIONAL OFFICERS AND BOARD OF GOVERNORS 2013-2014

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Standing 1st row: VICTOR ALAN A. TORREFRANCA, M.D., Central Visayas; JOSELITO D.C. URGEL, M.D., Bicol; NOEL B. CAMIQUE, M.D., Southeastern Mindanao; FILIPINA S. VILLA, M.D., Northern Mindanao; MA. GAY M. GONZALES, M.D., Western Mindanao;

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Last Row: MELCHOR B. TUQUERO, M.D., Central Tagalog; FRANCISCO E. SAN DIEGO, JR., M.D., Rizal; ANGELO L. DIMAANO, M.D., Caraga; WOODROW C. TABANAO, M.D., Northcentral Mindanao; JAMES E. WOO, M.D., Western Visayas



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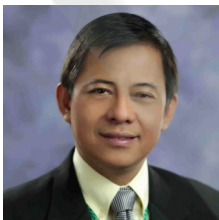
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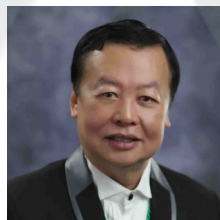
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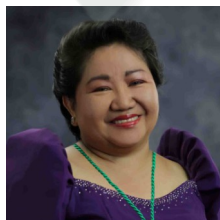
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Governor, Caraga



## PMA FOUNDATION DAY

PMA is 110 years old on September 15, 2013. And, a fitting celebration was held at the PMA Auditorium in the PMA complex in Quezon City. Attended by past PMA presidents, PMA officers and governors, past and present presidents of component, specialty and affiliate societies and their members, the Foundation Anniversary celebration was a grand display of camaraderie and renewal of friendships. Despite the thunders and heavy monsoon downpour, the auditorium was jam-packed and emanated with music and joy.

Organizers of the PMA Foundation Day Celebration was headed by Dr. Nympha San Pascual-Mundin of Marikina Valley Medical Society, assisted by the presidents and officers of various components societies in the national capital region, Southern Tagalog and Central Luzon.



**PMA President Atty. Leo O. Olarte, MD and Foundation Day Chair, Dr. Nympha San Pascual-Mundin cut the PMA Anniversary Cake. PMA Vice- President looks on. September 15, 2013.**

Dra. Mundin says, "Special thanks to the following: special cake by Drs. Luisito and Lorie Montemar, San Pablo City Medical Society and Lipa City Medical Society; raffle prizes from STAMP; Best Regional Costume - Central Luzon; winners individual costumes both from Mindanao, Female: Dra. Ma. Gay Gonzales,

Governor, Western Mindanao, and Male: Dr. Proceso L. Benlot; entertainment from Central Tagalog "Harana"; plants and flowers from Dr. Francisco San Diego, Governor of Rizal Region. Thanks to Dr. Consolacion O. Obmerga and Dr. Herminia G. Gozar, Governor of Quezon City Region for physical arrangement together with Dr. San Diego." +++

## PMA MEDICINE WEEK

Calamba City and Sta. Rosa City were the sites of the opening activities of the 56th National Medicine Celebration on September 22, 2013.

At 4:00 AM, close to 1000 runners congregated in Greenfield in Sta. Rosa for a 1-2-3 Km Fun-run. Despite the early morning cold monsoon rain, runners from ages below 10 years to above 30 years braved the dreary weather but nonetheless finished the exhilarating sports event.

Winners in each category were given prizes and all participants received free jerseys, complimentary bags, and drinks.

This was the largest ever sports event held by PMA, organized by the officers and members of the Southern Tagalog Region, under Governor Jose P. Santiago, MD.

Soon after the Fun-run, the officers and members donned their Filipinianas and splashed their way to Calamba City 8 kms away, where a rain-drenched wreath-laying rite at the foot of the highest statue of National Hero and PMA Icon Dr. Jose P. Rizal was held.

Mayor Justine Marc Chipeco of Calamba City accompanied PMA President Leo O. Olarte in laying the Medicine Week Wreath at the statue, amidst the lively music of a marching band.

All wet but happy and energized, everyone proceeded to the Ding Hao Restaurant, also in Calamba City, for a fellowship. PMA President Olarte presented a PMA medallion to Mayor Chipeco who reciprocated with a golden Key to the City for PMA.

A historic tour to the house of Dr. Jose P. Rizal ensued, where the Letran Choral Cultural Ensemble sang endearing kundimans, haranas, and many more vintage songs.

PMA Medicine Week Celebration was chaired by Dr. Janet M. Tan assisted by Dr. Nympha Mundin of Marikina Valley Medical Society. The ceremonies and activities in Calamba City were organized by President Anna Sofia Victoria S. Fajardo, MD of Laguna Medical City and Dr. Rose Kolimlim, Binan Chapter, and Dr. Virgilio Lazaga, Calamba Chapter, of Laguna Medical Society.

PMA expresses its gratitude to the Mayor of Calamba City, to the staff of Calamba City Tourism Office, to the Laguna Governor's Office, to the Administration Officers of the Rizal Shrine, and to the Calamba Letran College Cultural Ensemble.

Nationwide, component societies celebrated the week with wreath-laying at Rizal shrines, motorcades, lay fora, radio interviews on health issues, medical missions, senior physicians' parties and tributes, physicians' family day, sports events, and tree-planting activities. +++



## PMA ACTIVITIES



PMA Constitutional Convention,  
September 16-17, 2013



Medicine Week Fun Run in Sta. Rosa  
Laguna, September 22, 2013.



Medicine Week Wreath Laying, Calamba  
City September 22, 2013.



Medicine Week Fellowship in Calamba  
City, September 22, 2013



PMA receives golden key to Calamba  
City from City Mayor Chipeco.



Historical visit to Rizal Shrine, September  
22, 2013 by PMA.



Operation Bukol, PMA Auditorium,  
September 12, 2013.



Medical Mission, Free Clinic, PMA  
Compound during Medicine Week.



PMA Singing Physicians contest, PMA  
Auditorium, September 25, 2013.



Cheering Contest, PMA Bulilit Congress,  
Biñan Laguna, September 28, 2013

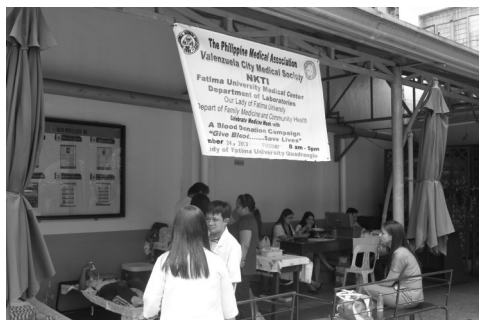


Medical Mission

## VALENZUELA CITY MEDICAL SOCIETY

### Medicine Week 2013

By: Pres. Jose Arnel G. Manalili, M.D.



Members of the Valenzuela City Medical Society donating blood (above photo) led by VCMS President Jose Arnel G. Manalili (below photo) during the Mass Blood Letting done on September 24, 2013 at the Quadrangle of Our Lady of Fatima University, Valenzuela City.



Members of the Valenzuela City Medical Society attending to patients during the Medical-Dental-Optical Mission, eventually serving about 300 patients

## Activities: SAN JUAN MEDICAL SOCIETY

By: Gov. Melchor B. Tuquero, M.D.



Conduct Scientific Meeting on "Hypertension - The Global Menace" (Targeting the Most Critical Factor in Reducing Cardiovascular Risk with Dr. Frederick C. Cheng as Speaker. Held last July 1, 2013 at Guevara's 387 P. Guevarra St. cor. Argonne St., Addition Hills, San Juan City.



### Community Projects:

Launching of Feeding Program



### Community Projects:

Adopt-a-Barangay (Barangay Batis)  
Lecture on Nutrition "Wastong Pagkain sa Presyong Kakayanin"  
July 10, 2013



### Activities Outside the Barangay

"Kids Day 2013"  
Batang Aktibo, Kalusugan ay Panalo  
July 13, 2013



## ACTIVITIES OF NORTHWESTERN LUZON

By: Gov. Mila Marie P. Guerrero, M.D.



Officers and members of the Pangasinan Medical Society distribute relief goods in the areas affected by habagat and typhoon



Doctors of the Southern Ilocos Sur Medical Society and the Philippine College of Physicians, Ilocos-Abra Chapter and the staff of the Judge Celestino Guerrero Memorial Hospital conducted relief operations, free consultation and lay forum on Dengue to 155 habagat and typhoon victims of Laslasong, Sta. Maria, Ilocos Sur on August 29, 2013



La Union Medical Society's Anti Smoking Campaign

## ACTIVITIES OF NORTHERN MINDANAO

By: Gov. Filipina S. Villa, M.D.



Blood Letting with NGO partner (Pinamaloy Eagles Club) and Philippine Red Cross on August 9, 2013 at K of C Building, Don Carlos, Bukidnon.



Nutrition Month Celebration with RHU - Don Carlos Staff on July 30, 2013





## ACTIVITIES OF QUEZON CITY REGION

By: Gov. Herminia G. Gozar, M.D.



Christmas in July at the Pediatric Department of the Quezon City General Hospital.



Gift giving to the indigent. Pediatric cancer patient in East Avenue Medical Center.



## ACTIVITIES OF CENTRAL VISAYAS

By: Gov. Victor Alan A. Torrebranca, M.D.



### Population Commission LGU-Duero

**Mother's Class Program** - Invited 50 Young/Teenage Mothers

**"Safe Motherhood & Responsible Parenthood"- August 30, 2013 Duero**

"To inform women the importance of giving birth & persuade to **Give Birth in a Health Facility with Skilled Attendance and Newborn Screening**" & Awareness Level on Responsible Parenthood,



Medical-Dental Mission:  
Brgy. San Pedro, Duero  
August 31, 2013



Bohol Heat Caravan  
Ubay Bohoy  
September 5, 2013



## REGION OF MANILA

### 111<sup>th</sup> Foundation Day Anniversary of Manila Medical Society

By: Gov. Maria Minerva P. Calimag, M.D.



L-R: Dr. Lakadula Elayda (MMS Pres. 1999, 2000, 2001), Dr. Salvador Silverion (MMS Pres. 1996), Dr. Mary Go Say (MMS Pres. 1984), Dr. Alejandro Tan (Incumbent MMS president)



Dr. Maria Minerva Calimag led the Oath of Hippocrates



Champagne Toast Ceremony



## National Treasurer Benito P. Atienza, M.D.: Activities

**June 2** Laguna medical Society Induction Perpetual Help Binan, Laguna  
**June 4. AM.** Ocular inspection of Doctors INN, Indigency Clinic including the Laboratory, PMA Auditorium, Signing of checks, **PM** Nueva Ecija Medical Society Induction  
**June 6.** - PMA Treasurers office signing of checks  
**June 7** - Batangas Medical Society Induction, Pontefino Hotel, Batangas City.  
**June 9** - PMA National Board Meeting  
**June 12.** - Marikina Valley Medical Society Induction  
**June 13.** Broadcaster's Forum; **PM** - PMA office signing of checks; Meeting with the Bank managers of Metrobank, BDO, PNB, China bank and Security Bank  
**June 14** Taytay Agono Cainta Medical Society Induction guest speaker and inducing officer  
**June 16.** Brainstorming project proposal for the island barangay of Caub, Del Carmen, Siargao  
**June 17** Lipa City Medical Society Medical Society Induction, Introduction of the Guest Speaker and Inducing Officer  
**June 20** Palawan Medical Society Induction Guest Speaker; **1pm** Phil. Pediatric Society national board mtg; **6:00pm.** PPS Southern Tagalog Chapter induction, inducing Officer  
**June 21.** Broadcasters forum, PMA office signing of checks  
**June 25** El Bank Members meeting at Dusit Hotel  
**June 27.** Broadcaster forum, PMA Office, signing of checks  
**July 1** - Pampanga Medical Society Induction  
**July 2** - Pangasinan Medical Society Induction  
**July 4 AM** - PMA Office Signing of checks; **PM** - Quezon Medical Society Induction  
**July 5** - Mindoro Oriental Med. Society Induction

**July 6, 8:00am-5:00pm** - NCR, STR, Bicol Leadership Seminar; **8:00pm** - Tanauan Medical Soc. Induction  
**July 7** - STAMP 1<sup>st</sup> Regional Meeting, PMA Board Rm.  
**July 9** - Santiago City Medical Society Induction  
**July 11, 8:30-11:00am** - Broadcaster Forum at Rembrandt Hotel Topic "E-Cigarettes"; **11:30am-GMA7** Interview Reaction on Fake Drugs; **1:00pm** - signing of checks at PMA Office  
**July 14** - PMA Board Meeting  
**July 16** - PTV 4 interview; **8:00pm** - Western Batangas Medical Society Induction  
**July 18, 9:00am** - signing of checks at PMA Building; **1:00-6:00pm** - PPS Board Meeting at Kalayan Quezon City; **8:00pm** - Bauan Medical Society Induction  
**July 20** - PMA Visayas, Mindanao Leadership Seminar, Cebu City  
**July 24 9:00-11:30am** - E-Cigarettes Public Hearig at BFAD Alabang, Muntinlupa City  
**July 25** - Bataan Medical Society Induction  
**July 26** - MMC 55<sup>th</sup> Anniversary held at Shangrila, Makati, Recipient Award of Excellence  
**July 27 9:00am-5:00pm** - Leadership Seminar at Vigan, Ocular Inspection of Convention Site  
**July 28** - Baguio Medical Society Induction  
**July 29 7:00am** - ABS-CBN Channel 2 Umaga Kay Ganda Punto por Punto Interview, Topic CDO Bombing; **9:30-11:30** -Launching of PMA Kapihan sa Maynila  
**July 30 9:00am-12:00nn** - PPS Press Meeting, Topic: "Lead Poisoning", PMA office signing of checks  
**September 2.** - PMA Office Signing of checks  
**September 3** - PMA Office Meeting with the Internal Auditor  
**September 7. 8:00 am** - Launching of Tanauan Bulilit Health Workers; **3:00 pm** - STAMP Meeting held at Lilian Magsino Hall, Mary Mediatrix Medical Center, Lipa City  
**September 10** - Guest Speaker at De Salle Lipa, Topic: Career Path  
**September 12, 8:00am** - PMA Signing of checks; **11:00 am** - Dr. Fe del Mundo Medical Center Post grad meeting; **1:00 pm.** - Phil Pediatric Society Monthly Board Mtg

**September 15** - PMA Board Meeting and 110th Foundation Day, Signing of checks  
**September 16 -17.** - Constitutional convention at PMA Auditorium, Elected as Con Con Treasurer  
**September 22 5:00 am** - PMA-STAMP Fun Run, Green Fields, Sta. Rosa, Laguna; **9:00 am** - opening ceremonies of 56th PMA National Medicine Week Held at Dinghao Restaurant, Calamba, Laguna  
**September 25** - Meeting with Secretary of Environment Jeric Acosta Heroes Hall, Kalayaan Blg, Malacanang  
**September 26. 12:00 nn** - Meet and Greet the Zamboanga del sur Teen Health Workers at NAIA 3.; **3:00pm** - Accompanied the delegates and arranged their entrance to Enchanted Kingdom, Sta Rosa, Laguna; **4:00pm** - Lecture Forum PPS-STC at Activity Area SM, Lipa City; **9:00 pm** - arrange the accommodation of the delegates at El Grande Hotel, Lipa city  
**September 27. 9:00am** - Lakbay Aral Taal Heritage Tour, **12:30 pm** - Tagaytay City: Taal Vista, Picnic groove, Palace in the Sky  
**4:00 pm** - Boat ride at Taal Lake in the vicinity of Talisay, Batangas, **6:00 pm** Meet the Teen health Force at SM Lipa for Dinner  
**September 28. 7:30 am** - Bulilit and Teen Health workers Annual Congress held at Performing Arts Theater, University of Perpetual Help, Binan, Laguna Attended by more than 480 delegates composed by 10 PMA Component officers, Bulilit and Teen Health Workers, teachers, coaches parents and doctors; **2:00 pm.** Graduation and Investiture of Sta. Cruz Bulilit Health Workers; **6:00 pm** - PMA signing of checks;  
**7-10:00 pm** Closing ceremony of PMA Medicine Week, PMA Auditorium  
**September 30** - Bulilit Health Workers Graduation and Investiture at General Santos City. Visited 3 schools with Bulilit Health Workers Training in General Santos City  

1. Dadianga North Elementary School
2. Dadianga Central Elementary School
3. Norte Dame High School



## PMA 8 Specialty Division Presidents 2013-2014

	<b>Philippine Academy of Family Physicians</b> Christine S. Tinio, MD	
	<b>Philippine College of Physicians</b> Priscilla B. Caguioa, MD	
	<b>Philippine College of Radiology</b> Leandro C. Manalaysay, MD	
	<b>Philippine College of Surgeons</b> Alfred H. Belmonte, MD	
	<b>Philippine Obstetrical and Gynecological Society</b> Raul M. Quillamor, MD	
	<b>Philippine Pediatric Society</b> Melinda M. Atienza, MD	
	<b>Philippine Society of Anesthesiologists</b> Grace Anne B. Herbosa, MD	
	<b>Philippine Society of Pathologists</b> John A. Coloma, MD	



BY:  
ARNEL M. ASINO,  
MD, DPBA

## Specialty Societies

### PHILIPPINE ACADEMY OF FAMILY PHYSICIANS

Hospice and Pallative Medicine  
 Philippine College of Emergency Medicine  
 Philippine College of Occupational Medicine

### PHILIPPINE COLLEGE OF PHYSICIANS

Diabetes Philippines  
 Philippine Academy of Rehabilitation Medicine  
 Philippine College of Chest Physicians  
 Philippine College of Geriatric Medicine  
 Philippine Dermatological Society  
 Philippine Heart Association  
 Philippine Neurological Association  
 Philippine Psychiatric Association  
 Philippine Rheumatology Association  
 Philippine Society of Allergy, Asthma & Immunology, Inc.  
 Philippine Society of Endocrinology & Metabolism  
 Philippine Society of Gastroenterology  
 Philippine Society of General Internal Medicine  
 Philippine Society of Nuclear Medicine  
 Philippine Society for Hematology and Blood Transfusion  
 Philippine Society of Medical Oncology  
 Philippine Society of Microbiology and Infectious Disease  
 Philippine Society of Nephrology

### PHILIPPINE COLLEGE OF RADIOLOGY

Computed Tomography Magnetic Resonance Imaging Society of the Philippines  
 Philippine Radiation Oncology Society  
 Philippine Society of Vascular and Interventional Radiology  
 Ultrasound Society of the Philippines



## PHILIPPINE COLLEGE OF SURGEONS

Academy of Filipino Neurosurgeons  
 Association of Women Surgeons of the Philippines  
 Philippine Academy for Head and Neck Surgery, Inc.  
 Philippine Academy of Ophthalmology  
 Philippine Association of Plastic Reconstructive & Aesthetic Surgeons  
 Philippine Association of Thoracic & Cardiovascular Surgeons, Inc.  
 Philippine Association of Training Officers in Surgery  
 Philippine Hip and Knee Society  
 Philippine Orthopaedic Association, Inc.  
 Philippine Society of Colon & Rectal Surgeons  
 Philippine Society of General Surgeons, Inc.  
 Philippine Society of Laparoscopic & Endoscopic Surgeons  
 Philippine Society of Otolaryngology, Head and Neck Surgery, Inc.  
 Philippine Society of Pediatric Surgeons  
 Philippine Society of Ultrasound in Surgeons  
 Philippine Society for the Surgery of Trauma  
 Philippine Society for Transplant Surgeons  
 Philippine Society for Vascular Surgery  
 Philippine Spine Society  
 Philippine Urological Association  
 Surgical Oncology Society of the Philippines

## PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY

Perinatal Association of the Philippines  
 Philippine Society for Cervical Pathology & Coloscopy  
 Philippine Society for Gynecologic Endoscopy  
 Philippine Society for Study of Trophoblastic Disease  
 Philippine Society of Climacteric Medicine  
 Philippine Society of Maternal and Fetal Medicine  
 Philippine Society of Reproductive Endocrinology and Infertility, Inc.  
 Philippine Society of Ultrasound in Obstetrics & Gynecology  
 Society of Gynecologic Oncology of the Philippines

## PHILIPPINE PEDIATRIC SOCIETY

Child Neurology Society of the Philippines, Inc.  
 Pediatric Infectious Disease Society of the Philippines, Inc.  
 Pediatric Nephrology Society of the Philippines  
 Philippine Academy of Pediatric Pulmonologists, Inc.  
 Philippine Society for Developmental and Behavioral Pediatrics  
 Philippine Society of Adolescent Medicine Specialist  
 Philippine Society of Newborn Medicine  
 Philippine Society of Pediatric Cardiology  
 Philippine Society of Pediatric Gastroenterology and Nutrition  
 Philippine Society of Pediatric Metabolism and Endocrinology  
 Philippine Society of Pediatric Hematology  
 Philippine Society of Pediatric Oncology  
 Philippine Society of Pediatric Surgeons  
 Section of Ambulatory Pediatrics  
 Section of Genetics  
 Section on Allergy & Immunology  
 Section on Developmental Pediatrics  
 Society of Pediatric Critical Care Medicine

## PHILIPPINE SOCIETY OF ANESTHESIOLOGISTS

Philippine Society of Cardiovascular Anesthesiologists, Inc.  
 Philippine Society of Pediatric Surgeons  
 Society for Neuroanesthesiologist of the Philippines  
 Society of Obstetric Anesthesia of the Philippines

## PHILIPPINE SOCIETY OF PATHOLOGISTS

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**“A wise man will make  
 more opportunities than  
 he finds.”**

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*- Francis Bacon*

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## Affiliate Societies

Aerospace Medical Association of the Philippines  
 Community Pediatrics Society of the Philippines  
 Department of Education & Culture Physicians Association  
 Fetus as Patient Institute of the Philippines  
 Maternal and Child Health Association of the Philippines  
 Molecular Oncology Society of the Philippines  
 Osteoporosis Society of the Philippines  
 Pain Society of the Philippines  
 Philippine Academy of Cutaneous Surgery  
 Philippine Academy of Lactation Consultants, Inc.  
 Philippine Association of Academic Biochemists  
 Philippine Association for the Study of Overweight and Obesity  
 Philippine Association of Medical Writers  
 Philippine College of Addiction Medicine  
 Philippine College of Pharmaceutical Medicine  
 Philippine Federation of Private Medical Practitioners  
 Philippine Leprosy Society  
 Philippine Lipid and Atherosclerosis Society  
 Philippine Medical Artists Association  
 Philippine Society for Burn Injuries  
 Philippine Society for Cosmetic Surgery  
 Philippine Society for the Study of the Aging Male Foundation, Inc.  
 Philippine Society of Anatomists  
 Philippine Society of Critical Care Medicine  
 Philippine Society of Hypertension  
 Philippine Society of Insurance Medicine  
 Philippine Society of Military Surgeons, Inc.  
 Philippine Society of Neurological Surgeons  
 Philippine Society of Oncologists  
 Philippine Society of Sleep Medicine  
 Philippine Society of Ultrasound and Clinical Medicine, Inc.  
 Philippine Society of Venereologists, Inc.  
 Philippine Thyroid Association  
 Sports Medicine Association of the Philippines

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**“Let no one ever come to  
 you without leaving better  
 and happier.”**

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*- St. Theresa of the Gutters*

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# PMA Commissions and Committees 2013-2014

## COMMISSION ON LEGISLATION

Filomina S. San Juan, MD

## COMMISSION ON ETHICS

Nimfa R. Baria, MD

## COMMISSION ON CONTINUING MEDICAL ASSOCIATION

Ramon F. Abarquez, Jr., MD

## COMMISSION ON MUTUAL AID

Alberto C. Reyes, MD

## COMMISSION ON ELECTIONS

Joel U. Macalino, MD

## COMMISSION ON AUDIT

Teresita Oliver-Ortin, MD

## COMMITTEE ON FOODS, DRUGS AND COSMETICS

Eleanor B. Almor, MD

## COMMITTEE ON HOSPITALS AND LABORATORIES

Rustico A. Jimenez, MD

## COMMITTEE ON RESEARCH, EDUCATION & CULTURE

Jose Florencio F. Lapeña, Jr., MD

## COMMITTEE ON EXTERNAL AFFAIRS

Andres R. Reyes, MD

## COMMITTEE ON BUDGET AND FINANCE

Rustico A. Jimenez, MD

## COMMITTEE ON LEGAL AFFAIRS

Atty. Peter P. Ng, MD

## COMMITTEE ON MEMBERSHIP SERVICES AND DEVELOPMENT

Mardave S. Martinez, MD

## COMMITTEE ON AWARDS

Jose Asa Sabili, MD

## COMMITTEE ON AFFILIATE SOCIETIES

Jesus Adelo B. Inciong, MD

## COMMITTEE ON SPORTS

Adrien R. Quidlat, MD

## COMMITTEE ON SPECIAL PROJECTS

*Presidential Assistant on Mindanao Affairs*

Ramon H. Rabago, Jr., MD

*Presidential Assistant on Visayas Affairs*

Felix A. Valenzuela, MD

*Presidential Assistant on Special Concerns*

Andres R. Reyes, MD

*Presidential Assistant on External Affairs*

Dennis S. De Guzman, MD

*Presidential Assistant on Administrative Affairs*

Mercedes O. Osunero, MD

## COMMITTEE ON EMERGENCY AND DISASTER

Augusto C. Cortez, MD

## COMMITTEE ON BY-LAWS AND ADMINISTRATIVE CODE

Rey Melchor F. Santos, MD

## COMMITTEE ON CONSTITUTIONAL CONVENTION

Rey Melchor F. Santos, MD

## COMMITTEE ON INDIGENCY CLINIC

Almond L. Derla, MD

## COMMITTEE ON ENVIRONMENTAL HEALTH AND ECOLOGY

Virgilio R. Lazaga, MD

## COMMITTEE ON MEDICAL MISSIONS

Federico A. Malubay, MD

## COMMITTEE ON PUBLICATIONS

Mardave S. Martinez, MD

## COMMITTEE ON FOUNDATION DAY

Nympha San Pascual-Mundin, MD

## COMMITTEE ON MEDICINE WEEK

Janet Del Mundo-Tan, MD

## COMMITTEE ON NUTRITION

Felizardo N. Gatcheco, MD

## COMMITTEE ON ANNUAL CONVENTION

Daisy Lim-Camitan, MD

## COMMITTEE ON OPINION BUREAU

Eleanor B. Almor, MD

## COMMITTEE ON PHIC

Irineo C. Bernardo III, MD

## COMMITTEE ON HMO

Rey Melchor F. Santos, MD

## COMMITTEE ON INTERNET TECHNOLOGY AND COMPUTERIZATION

Mercedes O. Osunero, MD

## COMMITTEE ON PROTOCOL

Mardave S. Martinez, MD

## COMMITTEE ON MEDIA AFFAIRS

Michael A. Aragon

## COMMITTEE ON PMA BUILDING (FILINVEST)

Oscar D. Tinio, MD

## COMMITTEE ON POLITICAL AFFAIRS

Bu C. Castro, MD

## COMMITTEE ON BIDS AND AWARDS

Alejandro Y. Tan, MD

## COMMITTEE ON DOCTOR'S INN

Arnulfo A. Zenarosa, MD

## COMMITTEE ON AUDITORIUM

Jerrimo L. Genuino, MD

## COMMITTEE ON INTERNATIONAL RELATIONS

Jose Asa Sabili, MD

## COMMITTEE ON FINANCIAL MANAGEMENT TEAM

Benito P. Atienza, MD

## COMMITTEE ON TASK FORCE BIR

Oscar D. Tinio, MD

## COMMITTEE ON EXIMBANK RECOVERY

Dante D. Morales, MD

# PMA CALENDAR OF ACTIVITIES 2013-2014

DATE	ACTIVITY	REGIONS, PERSONS	PLACE
July 6, 2013	Regional Orientation and Leadership Seminar	NCR, Bicol, So. Tagalog Region, Specialty Divisions	Unilab Bayanihan Center Annex, Pasig City
July 20, 2013	Regional Orientation and Leadership Seminar	Visayas and Mindanao Regions	Waterfront Hotel, Cebu City
July 27, 2013	Regional Orientation and Leadership Seminar	Central, Northeastern, Northwestern Luzon Regions	Hotel Salcedo de Vigan, Vigan City
Sept 15, 2013	110th PMA Foundation Day	NCR, Southern Tagalog, Central Luzon Component Societies; Past and Present PMA Officers and Board of Governors	PMA Auditorium, Quezon City
Sept 16-18, 2013	PMA Constitutional Convention	Presidents, representatives of Component Societies, Specialty and Affiliate Societies	PMA Auditorium, Quezon City
Sept 22-28, 2013	56th National Medicine Week	PMA	In all component societies nationwide
October 13, 2013	Regional Assembly	Northwestern Luzon; hosted by Gov. Mila Marie P. Guerrero, MD	Candon City, Ilocos Sur
October 27, 2013	Regional Assembly	Eastern Visayas; hosted by Gov. Adelaida A. Asperin, MD	Ormoc City, Leyte
November 10, 2013	Regional Assembly	Central Luzon Region; hosted by Gov. Maria Cheryl P. Tuazon, MD	Clark, Pampanga
November 17, 2013	Regional Assembly	Northern Mindanao; hosted by Gov. Filipina S. Villa, MD	Malaybalay, Bukidnon
November 24, 2013	Regional Assembly	Central Visayas Region; hosted by Gov. Victor Alan A. Torre Franca, MD	Tagbilaran City, Bohol
January 12, 2014	Regional Assembly	North Central Mindanao; hosted by Gov. Woodrow C. Tabanao, MD	Oroquieta City, Misamis Occidental
January 19, 2014	Regional Assembly	Manila, Quezon City, Rizal, Central Tagalog Regions; hosted by Govs. Maria Minerva P. Calimag, MD; Herminia G. Gozar, MD; Francisco E. San Diego Jr., MD; Melchor B. Tuquero, MD	Bayanihan Center, Pasig City
January 26, 2014	Regional Assembly	Southern Tagalog Region; hosted by Gov. Jose P. Santiago Jr., MD	Taal Vista Hotel, Tagaytay City, Cavite
February 2, 2014	Regional Assembly	South Eastern Mindanao; hosted by Gov. Noel B. Camique, MD	Tagum city, Davao
February 9, 2014	Regional Assembly	Western Mindanao; hosted by Gov. Ma. Gay M. Gonzales, MD	Dipolog City, Zamboanga del Norte
February 16, 2014	Regional Assembly	Western Visayas Region; hosted by Gov. James E. Woo, MD	Iloilo City
March 2, 2014	Regional Assembly	CARAGA Region; hosted by Gov. Angelo L. Dimaano, MD	Butuan City, Agusan Del norte
March 9, 2014	Regional Assembly	Northeastern Luzon, hosted by Gov. Roman T. Pinson, MD	Roxas City, Isabela
March 16, 2014	PMA National and Local Elections	PMA COMELEC	Component Societies
April 6, 2014	Regional Assembly	Bicol Region; hosted by Gov. Joselito DC Urgel, MD	Legaspi City, Albay
May 20-23, 2014	Annual Convention	Organizing Committee	Vigan City, Ilocos Sur



# **PMA: Kabalikat sa Kalusugan, Kaunlaran at Maayos na Kapaligiran**

## **2013 PMA Regional Orientation and Leadership Seminars**



Regions: Manila, Quezon City, Rizal, Central Tagalog, Southern Tagalog, and Bicol



Regions: Eastern Visayas, Central Visayas, Western Visayas, Southeastern Mindanao, Northern Mindanao, Western Mindanao, Northcentral Mindanao, and CARAGA



Regions: Northeastern Luzon, Northwestern Luzon, and Central Luzon

June-September 2013

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# THE PHYSICIAN

